

7:00-8:00 AM	<b>Breakfast</b>					
8:00-8:10 AM	<b>Conference Welcome</b> (Cordova Ballroom Lower Level) <i>Skye Barbic, Quynh Doan, Matthew Menear</i>					
8:10-8:20 AM	<b>Indigenous Opening Ceremony</b> (Cordova Ballroom Lower Level) <i>Elder Roberta Price</i>					
8:20-8:30 AM	<b>Opening Remarks</b> (Cordova Ballroom Lower Level)					
8:30-9:30 AM	<b>Keynote:</b> Learning health systems in youth mental health <i>Rick Glazier, Sam Weiss, Jo Henderson</i> Moderated by Skye Barbic					
9:30-10:00 AM	Break					
10:00-11:30 AM	<b>Concurrent Session A (Oral Presentations and Workshops)</b>					
	<b>A1: Learning Systems</b> (Oral Presentations)	<b>A2: Innovations</b> (Oral Presentations)	<b>A3: Equity</b> (Oral Presentations)	<b>A4: Digital Health</b> (Oral Presentations)	<b>A5: Workshop</b>	<b>A6: Workshop</b>
	A1.1 Building a learning health system: Integrating people and research within a children’s hospital <i>Noah Spector</i>	A2.1: Managing anxiety in primary care using the Ottawa Anxiety Algorithm <i>Douglas Green</i>	A3.1: How to eat the elephant: Addressing structural stigma in healthcare <i>Uyen Ta</i>	A4.1: The Mental Health Commission of Canada (MHCC) assessment framework for mental health apps <i>Sapna Wadhawan</i>	Uncovering what mental health and recovery means to youths ages 13-15: A deliberative dialogue <i>Cassia Warren</i>	Attending to pandemic-related grief: A workshop on developing reflective change for quality mental health and substance use care <i>Celina Carter &amp; Justine Giosa</i>
	A1.2: Youth Wellness Hubs Ontario: A youth mental health and substance use learning health system <i>Jo Henderson</i>	A2.2: Creating an emergency mental health services model for Saskatchewan: Taking what works from models around the world and applying the concepts to existing Saskatchewan services <i>Rebecca Rackow</i>	A3.2: Advancing equity-based approaches to collaborative mental health and substance use care <i>Gillian Mulvale</i>	A4.2: Digitally enabled collaborative care <i>L. Read Sulik</i>		
	A1.3: Applying a model of embedded research to institutionalize collaborative care for depression in a large diverse healthcare system <i>Karen J. Coleman</i>	2.3: The protection of parental rights at the intersection of mental health, substance use, and pregnancy <i>Amy McGee</i>	A3.3: Understanding the in-school services/ supports and needs in two marginalized communities in Halifax, Nova Scotia <i>Jean Hughes</i>	A4.3: Barriers and facilitators to the implementation of an e-mental health platform for youth and young adults across Alberta – Perspectives of school division key stakeholders: a thematic analysis <i>Gina Dimitropoulos</i>		
	A1.4: Recovery colleges: A case study of an innovative approach to embedding research into a community-driven mental health care program <i>Regina Casey</i>		A3.4: Mental health video testimonials: Untold stories of lived and living experiences of mental illness in Canadian social marketing and fundraising initiatives <i>Sahar Fazeli</i>	A4.4: E-mental health implementation workshop for mental health service delivery <i>Sheldon Mellis &amp; Kelsey Kavic</i>		

11:30 AM-1:00 PM	<b>Networking Lunch</b> (Cordova Ballroom Lower Level)					
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1:00-2:00 PM	<b>Keynote:</b> Building anti-racist/anti-oppressive research practices in mental health (Cordova Ballroom Lower Level) <b>Saleem Razack</b> Moderated by Quynh Doan					
2:00-2:15 PM	Transition to concurrent sessions					
2:15-3:15 PM	<b>Concurrent Session B (Oral Presentations)</b>					
	<b>B1: Youth</b>	<b>B2: Recovery</b>	<b>B3: Culturally Sensitive</b>	<b>B4: Digital Health</b>	<b>B5: Care for Older Adults</b>	<b>B6: Substance Abuse</b>
	<p>B1.1: Staff at the Centre with Youth <b>Lisa Lachance</b></p> <p>B1.2: A qualitative study of primary care and community-based child and youth mental health providers' experiences of piloting a mental health clinical pathway for children and youth <b>Christine Polihronis</b></p> <p>B1.3: Implementing Foundry: A cohort study describing the regional and virtual expansion of a youth integrated service in British Columbia, Canada <b>Skye Barbic</b></p>	<p>B2.1: Lessons for collaborative care from community-based coproduction models aimed at advancing recovery and wellbeing in the United Kingdom and Canada: An international case study <b>Gillian Mulvale</b></p> <p>B2.2: Quality indicators for person-centred and recovery-oriented mental health care in primary care and community settings <b>Matthew Menear</b></p>	<p>B3.1: Overcoming barriers: Improving access to integrated mental health services for South Asian LGBTQIA+ youth in British Columbia, Canada <b>Avneet Dhillon</b></p> <p>B3.2: The CHIA Project: Extended reality, intercultural communication, and the ethics of emerging digital technologies <b>Coatlucue Sierra Rose</b></p> <p>B3.3: A community-based study exploring the unique mental health and program access needs of deaf and hard-of-hearing Manitobans: Uncovering service provision gaps <b>Tracey Bone</b></p>	<p>B4.1: Using technology and media as knowledge mobilization tools to promote evidence and awareness in the community in the context of mass disasters mental health <b>Marjolaine Rivest-Beauregard</b></p> <p>B4.2: Partnering together for integrated person- and family-centric care across the mental wellness care continuum: Implementation and evaluation of stepped care 2.0 in the Northwest Territories <b>Danielle Impey, Carly Straker &amp; AnnMarie Churchill</b></p> <p>B4.3: Defining the ideal patient: Provider perceptions of facilitators and barriers to eMH access and use by youth in Alberta <b>Gina Dimitropoulos</b></p>	<p>B5.1: Barriers to accessing care among older adults living with co-occurring intellectual/developmental disabilities (IDD) and mental illness (MI) in Montreal, Quebec <b>Aglaé Mastrostefano</b></p> <p>B5.2: Behind the curtain: What it takes to provide collaborative care in crisis <b>Rochelle McAllister</b></p> <p>B5.3: Adapting the mental health continuum model to guide conversations between older adults and providers in home and community care <b>Justine Gioso</b></p>	<p>B6.1: Amplifying youth voices and centring lived experience: The future of mental health and substance use education <b>Kiah Ellis-Durity &amp; Hargun Kaur</b></p> <p>B6.2: Patterns of traumatic life events and substance use among adults in inpatient mental health <b>Danielle Fearon</b></p>
3:15-3:30 PM	Transition to concurrent sessions					
3:30-4:30 PM	<b>Concurrent Session C (Panels)</b>					
	<p>C1: Advancing collaborative mental health care in Canada's primary care settings <b>Uyen Ta, Matthew Menear, Nick Kates &amp; Abbas Ghavam-Rassoul</b></p>	<p>C2: The journey of exploration: Leveraging multi-stakeholder experiences within large network-funded grants <b>Alyssa Frampton</b></p>	<p>C3: Collaborating to deliver evidence-based mental health care across a range of settings: The North Central Ontario Structured Psychotherapy Program experience <b>Jessica Ariss, Meredith Fryia, Angela Munday &amp; Helen Bolshaw-Walker</b></p>	<p>C4: Collaboration between practice and research to support newcomer mothers' maternal wellbeing in Canada <b>Julie Rodie, Sol Park, Chantel Spade &amp; Centina Lowe</b></p>	<p>C5: Eating disorders recovery for everybody: A collaborative approach <b>Shaleen Jones, Gina Dimitropoulos &amp; Daphne Wornovitzky</b></p>	<p>C6: Improving patient outcomes for adults with FASD: Lessons learned from longitudinal medical care and diagnostic assessments <b>Roderick Densmore</b></p>
5:00-6:00 PM	<b>Poster session and cocktail reception</b> (Ports of the World 3 <sup>rd</sup> floor)					

**SATURDAY, JUNE 10, 2023**

**24<sup>th</sup> Canadian Collaborative Mental Health Care Conference, Vancouver BC**

7:30-8:30 AM	<b>Breakfast</b> (Cordova Ballroom Lower Level)				
8:30-8:40 AM	<b>Welcome Back Remarks</b> (Cordova Ballroom Lower Level)				
8:40-9:40 AM	<b>Keynote:</b> Playing nice in the multidisciplinary sandbox to address the youth emergency mental health crisis (Cordova Ballroom Lower Level) <b>Tyler Black, Quynh Doan</b> Moderated by Skye Barbic				
9:40-10:00 AM	Break				
	<b>Concurrent Session D (Oral Presentations and Workshops)</b>				
	<b>D1: Education</b> (Oral Presentations)	<b>D2: Workshop</b>	<b>D3: Workshop</b>	<b>D4: Workshop</b>	<b>D5: Lived Experience</b> (Oral Presentations)
10:00-11:30 AM	<p>D1.1: Co-designing and delivering peer-based mental health education and support to enhance college and university students' wellness: A collaboration between a mental health hospital and seven post-secondary campuses in Ontario, Canada <b>Simone Arbour</b></p> <p>D1.2: The advancement of collaborative care in Saskatchewan to serve children/youth with psychiatric disorders <b>Malin Clark</b></p> <p>D1.3: Worse than waiting for Godot: A collaborative mental health pilot project improving adult ADHD services <b>Betty Tang &amp; Dean Brown</b></p>	<p>How to dismantle structural stigma in health care: Making real change for quality mental health and substance use care <b>Uyen Ta, Javeed Sukhera</b></p>	<p>Using stimulation-based training to bridge the knowledge to practice gap and improve mental health care: Learning what Virtual Reality (VR) can offer to providers and people with lived experience <b>Manuela Ferrari</b></p>	<p>Getting past the "No" – How to engage complex clients <b>Stephanie Gordon, Jeannette Kruger, Tazim Lakhani and Nadia Rana</b></p>	<p>D5.1: Learning through living: How lived expertise is critical to research <b>Kristy Allen &amp; Julia Solimine</b></p> <p>D5.2: Opening a dialogue: The importance of engaging veterans and veteran families to inform knowledge needs and research priorities <b>Cara Kane</b></p>
11:30 AM-12:15 PM	<b>Poster Presentations</b> (Posts of the World 3 <sup>rd</sup> floor)				
12:15-1:30 PM	<b>Lunch and Awards</b> (Cordova Ballroom Lower Level)				

Concurrent Sessions E (Oral Presentations)					
	E1: Integrated Care	E2: Youth	E3: Intervention/ Early Intervention	E4: COVID-19	E5: Arts-Based
1:30-3:00 PM	<p>E1.1: Building a rich stone soup of integrated care <b>Sara Saeedi</b></p> <p>E1.2: From professional-patient care to professional collaboration: How a psychiatrist and past-patient are working together in a new way <b>Sierra Turner &amp; Julia Raudzus</b></p> <p>E1.3: Mental health after traumatic injury: An exploration of current approaches by health professionals and opportunities for improvement <b>Mélanie Bérubé</b></p> <p>E1.4: Facteurs facilitant ou entravant l'efficacité des urgences dans leurs réponses aux besoins des grands utilisateurs de ces services en santé mentale <b>Firas Gaida</b></p>	<p>E2.1: Insight from service providers in Canadian children and youth mental health: From research to practice <b>Tara Collins</b></p> <p>E2.2: Closing the referral loop: Piloting a clinical pathway between primary care and community-based mental health and addictions services <b>Christine Polihronis</b></p> <p>E2.3: Evaluating youth engagement across the eMental Health for Youth in AB Project <b>Alyssa Frampton</b></p> <p>E2.4: Showcasing a journey of integrated services across different community contexts for a supported employment and education program in BC <b>Anna-Joy Ong</b></p>	<p>E3.1: Setting the stage for measurement-based care (MBC): Practical lessons in the implementation and integration of MBC within Youth Wellness Hubs Ontario <b>Jo Henderson</b></p> <p>E3.2: Psychiatric Adolescent and Child Teleconferencing Service (PACTS): A collaborative effort between primary care providers and child and adolescent psychiatrists <b>Jordan Cohen</b></p> <p>E3.3: Innovation in community-based mental health crisis care: virtual Crisis Stabilization Unit (vCSU) <b>Jennifer Hensel</b></p> <p>E3.4: Capacity building for campus suicide prevention: Evaluation of a policy practice partnership <b>Corey McAuliffe</b></p>	<p>E4.1: COVID-19-related stress and coping strategies among young adults in Canada and France: A latent profile analysis <b>Rod Knight</b></p> <p>E4.2: Assessing the mental health trajectory of children and adolescents during the COVID-19 pandemic: A longitudinal MyHEARTSMAP study <b>Melissa Woodward</b></p> <p>E4.3: Six Feet Apart: A documentary on the impact of Covid-19 on youth mental health <b>Avneet Dhillon</b></p> <p>E4.4: Characteristics of suicidal youth seeking services at an integrated youth service center in British Columbia, Canada (2018-2022) <b>Katherine Hastings</b></p>	<p>E5.1: Youth perspectives on mental health and wellness: A photo storytelling project <b>Barbara Lee &amp; Tara Collins</b></p> <p>E5.2: Kreyzee: A short documentary and discussion asking what the term crazy means to you <b>Dan Smeby</b></p> <p>E5.3: Learning through 'Living On': Presenting 'Family' <b>Danya Fast</b></p> <p>E5.4: Defiantly Being + Healing Together: A rasquache performance of poetry and autoethnography <b>Coatlucue Sierra Rose</b></p>
3:00-3:15 PM	Transition to closing session				
3:15-4:15 PM	<p><b>Keynote:</b> Collaborative mental health care: From shared vision to everyday reality <b>Nick Kates, Lisa Miller, Chrissy Tomori, Jennifer Wide</b> Moderated by Matthew Menear</p>				
4:15-4:30 PM	<p><b>Closing Remarks and 2024 Conference Announcement</b> <b>Skye Barbic, Quynh Doan, Matthew Menear</b></p>				

## Keynote/Plenary Presenters



**Skye Barbic** is an Associate Professor at the University of British Columbia in the Faculty of Medicine. She is the Head Scientist at Foundry, an integrated youth service in British Columbia that provides free and confidential health and social services to youth aged 12-24. Skye is passionate about health services research, measurement-based care, and patient engagement.



### **Tyler Black**

Tyler Black, MD, FRCPC, is a Child and Adolescent Psychiatrist and Suicidologist who has been in clinical practice for over fourteen years. For 11 years, he was the Medical Director of Emergency Psychiatry at BC Children's Hospital. On top of clinical duties, he is an Assistant Clinical Professor at the University of British Columbia, and a researcher specializing in suicidology, psychopharmacology, and video games. He is the co-creator of the HEARTSMAP

([www.openheartsmap.ca](http://www.openheartsmap.ca)), a psychosocial assessment and guidance tool for youth in emergency department, and the creator of the ASARI (Assessment of Suicide And Risk Inventory), a documentation tool for clinicians who are assessing or noticing suicide risk.



**Dr. Quynh Doan** is the Associate Dean, Research, BC Children's Hospital Research Institute (BCCHR), UBC Faculty of Medicine and the Senior Executive Director, BCCHR. She is an associate professor in the Department of Pediatrics' Division of Emergency Medicine and a health services research scientist at UBC. As a clinician-scientist, Dr. Doan's research is focused on the evaluation of pediatric emergency department patterns of use and the assessment of the value of emergency care provided to children and families. She has further

specialized in youth mental health emergencies and has developed, evaluated and implemented digital support tools such as the HEARTSMAP for clinicians, MyHEARTSMAP for children's self-assessments, and HEARTSMAP-U for universal screening among post-secondary students.



**Dr. Rick Glazier** is a senior core scientist at ICES and scientific director of the Institute of Health Services and Policy Research at the Canadian Institutes of Health Research (CIHR). He is also a staff family physician at St. Michael's Hospital in Toronto and a scientist in its Centre for Urban Health Solutions as well as a professor at the University of Toronto in the Department of Family and Community Medicine, Faculty of Medicine, and Dalla Lana School of Public Health.

His research interests include evaluating health system transformation, primary care health services delivery models, health of disadvantaged populations, management of chronic conditions, and population-based and geographic methods for improving equity in health.

Dr. Glazier earned his medical degree at Western University and completed his family medicine residency at Queen's University. He received a Master of Public Health degree at Johns Hopkins University, and completed a residency in General Preventive Medicine and Public Health through Johns Hopkins and the World Health Organization.



**Dr. Jo Henderson** (they/them) is Director of the Margaret and Wallace McCain Centre for Child, Youth & Family Mental Health at the Centre for Addiction and Mental Health (CAMH) and Executive Director of Youth Wellness Hubs Ontario. They are also a Senior Scientist at CAMH and Professor in the Department of Psychiatry at the University of Toronto. Their work aims to improve access to high quality, integrated services for youth with substance use and/or mental health concerns and their families.



**Nick Kates** is Professor and Chair of the Department of Psychiatry and Behavioural Neurosciences at McMaster University with a cross-appointment in the Departments of Family Medicine, and of Health, Aging and Society at McMaster. For 12 years he was the Director of the Hamilton HSO/FHT Mental Health and Nutrition Program, which integrates psychiatrists, mental health counsellors and dietitians into the offices of what are now 180 family physicians across Hamilton and for 5 years he was the Ontario Lead for the Quality Improvement and Innovation Partnership (QIIP) which promoted quality improvement in primary care. He has also co-chaired the Canadian Psychiatric Association – College of Family Physicians of Canada joint working group on collaborative mental health care in Canada for 25 years. But most importantly he is a life-long Arsenal supporter.



**Matthew Menear** is an Assistant Professor in the Department of Family Medicine and Emergency Medicine at Université Laval and Researcher at the VITAM Research Centre for Sustainable Health. He is also the Scientific Leader of the RCPI (Réseau de collaboration sur les pratiques interprofessionnelles en santé et en services sociaux), a provincial centre of expertise in inter professional collaboration, and Co-Director of the Quebec Primary Care Practice-Based Research Network. He leads the REMIX Research Team, which aims to empower people with mental health or substance use challenges and support the widespread adoption of integrated, recovery-oriented mental health and substance use services across Canada and internationally.



#### **Elder Roberta Price**

For close to four decades, Elder Roberta Price has actively shared her leadership, wisdom and teachings at UBC and throughout the Lower Mainland to assist both Indigenous and non-Indigenous community members to achieve improved outcomes in health care. A member of the Coast Salish Snuneymuxw and Cowichan Nations, she has been instrumental in helping to create shared spaces for both Indigenous and Western approaches to healing and health. Her ongoing involvement and leadership in research projects have been key to the continued work of decolonizing health care and creating cultural safety and equity for Indigenous patients. Price is a co-principal investigator for Critical Research in Health and Health Care Inequities and the Transformative Justice and Health Research Cluster at the University of British Columbia's School of Nursing. She's part of a team of UBC researchers who are distributing hundreds of art and journaling kits to Indigenous men in prisons and in halfway houses in a bid to alleviate the dual mental health tolls of incarceration and the pandemic. Elder Roberta Price has received an honorary degree from UBC in 2021 in recognition for her substantial contribution to society.



### **Saleem Razack**

Tenured Professor of Pediatrics, Researcher at BC Children's Research Institute and Member of the Centre for Health Educations Scholarship, Pediatric Critical Care Medicine Physician, University of British Columbia and BC Children's Hospital

**Saleem Razack** joined faculty at UBC/BC Children's Hospital on January 1, 2023, after a 25-year career as a pediatric intensivist and medical educator/education researcher at McGill University. He is a graduate of the University of Toronto. His research Interests in Medical Education include the intersection of assessment and professionalism with representation, equity, diversity, inclusion and anti-racism, for which he has had SSHRC and CIHR support. He is the recipient of the AFMC May Cohen award for outstanding contributions to equity in medical education, the Haile T. Debas award for contributions to equity in the Faculty of Medicine and Health Sciences at McGill, and the Pediatric Chairs of Canada award for outstanding contribution to Medical Education. He is excited to start anew at UBC and BC Children's Hospital and hopes to serve in and contribute to the vibrant scholarly community in health professions education at UBC.



### **Sam Weiss**

Professor, Department of Cell Biology and Anatomy, Hotchkiss Brain Institute, University of Calgary

Dr. Samuel Weiss is a professor in the Departments of Cell Biology & Anatomy and Physiology & Pharmacology at the University of Calgary Cumming School of Medicine. Dr. Weiss is the founder and was the inaugural Director of U Calgary's Hotchkiss Brain Institute, whose mission is to translate innovative research and education into advances in neurological and mental health care. Two major discoveries are the hallmarks of Dr. Weiss' research career. In 1985, together with Dr. Fritz Sladeczek, Dr. Weiss discovered the metabotropic glutamate receptor-now a major target for pharmaceutical research and development for neurological disease therapies. In 1992, Dr. Weiss discovered neural stem cells in the brains of adult mammals. This research has led to new approaches for brain cell replacement and repair, as well as to novel, experimental therapeutic strategies for brain cancer. As the Scientific Director of CIHR-INMHA, Dr. Weiss works with the Canadian neurosciences, mental health and addiction communities to identify research priorities, develop research funding opportunities, build partnerships and translate research evidence into policy and practice to improve the health of Canadians and people around the world. As a member of CIHR's leadership team, he participates in setting and implementing CIHR's strategic direction.



## **Poster Session**

Creating change together: how to create system recommendations for complex challenges

***Kristy Allen***

Knowledge equity: a core component for system change

***Kristy Allen***

Bridging research and routine clinical care: developing the BC Children's Hospital Mental Health Research Registry

***Gordan Andjelic***

Towards a new measure of integration to support integrated youth services

***Skye Barbic***

Co-designing and testing the F-PROM: a new measure of function for youth accessing integrated youth services

***Skye Barbic***

Findings from a brief adolescent substance use and mental health screening in a British Columbia urban centre

***Skye Barbic***

Satisfaction with emergency departments services among patients with mental disorders

***Tiffany Chen***

Community Brain Art - preliminary results and reflections from a pilot knowledge translation initiative

***Lianne Cho***

A vibrant community-university partnership on youth mental health

***Tara Collins***

Understanding the mental health and recovery needs of first- and second-generation Canadian East Asian immigrant youth aged 12-24: a Strategy for Patient-Oriented Research (SPOR) collaboration study

***Chloe Gao***

Transcranial magnetic stimulation for smoking cessation: next steps for translating and implementing a novel treatment into clinical practice

***Rachel Goud***

Remote psychosocial intervention in first-line services: What are the best practices for intervening with men?

***David Guilmette***

Recommendations for supporting youth mental health in the COVID-19 pandemic recovery phase  
**Julia Kaufmann**

Evaluation of Hepatitis C screening and treatment among psychiatry inpatients  
**Renee Logan**

Delivery of mental health services for Ontarian youth using CBT in virtual reality  
**Nicole Luke**

The team-based management of aggressive behaviours in psychiatric intensive care units: results from a scoping review  
**Matthew Menear**

Team structures and practices in psychiatric intensive care units: results from an international environmental scan  
**Matthew Menear**

Exploring the care experiences of people with mental-physical multimorbidity during the COVID-19 pandemic  
**Matthew Menear**

Recovery-oriented care in psychiatric intensive care units: results from a scoping review  
**Matthew Menear**

Hidden in plain sight; parents piercing the fog of Anosognosia  
**Iris Murray**

Developing and implementing a machine intelligence mental health system navigation chatbot to support Canadians  
**Matthew Reeson**

Unbounded—connecting learning and life: increasing access to education with a VR-enabled mobile nursing lab and CHIA project intercultural sensitivity VR training scenarios  
**Coatlilcue Sierra Rose**

Assessing clinical outcomes of collaborative care in primary care interventions for depression: a systematic review  
**Hannah Schillok**

Assessing prognostic factors of effective collaborative care interventions in primary depression care: a systematic review  
**Hannah Schillok**

Regimens for cannabis administration in trauma-exposed individuals: a comparison to benzodiazepine patterns of use  
**Thomas Snooks**

Recommendations to improve mental health service delivery during the COVID-19 pandemic context in Québec, Canada

***Jessica Spagnolo***

Improving the functioning and coordination of centralized referral mechanisms for access to mental health services via primary care in Québec, Canada

***Jessica Spagnolo***

Mental health service use and experiences of mental health among immigrants in British Columbia during the COVID-19 pandemic: findings from a mixed-methods community-based study.

***Admini Thakore***

Client and family member perspectives of recovery - early psychosis intervention

***Alicia Vivic***

IH hub-and-spoke/Collaborative Early Psychosis Intervention (EPI) model

***Alicia Vivic***