

**Hamilton** Family Health Team

*Better care, together.*

# Child & Youth Mental Health

## “Who’s On Your Team?”

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# “Who’s On Your Team?”

- **Primary Care Transformation**
- **Shared Team Care**
- **Child & Youth Mental Health in Primary Care**
- **Opportunities/Challenges**



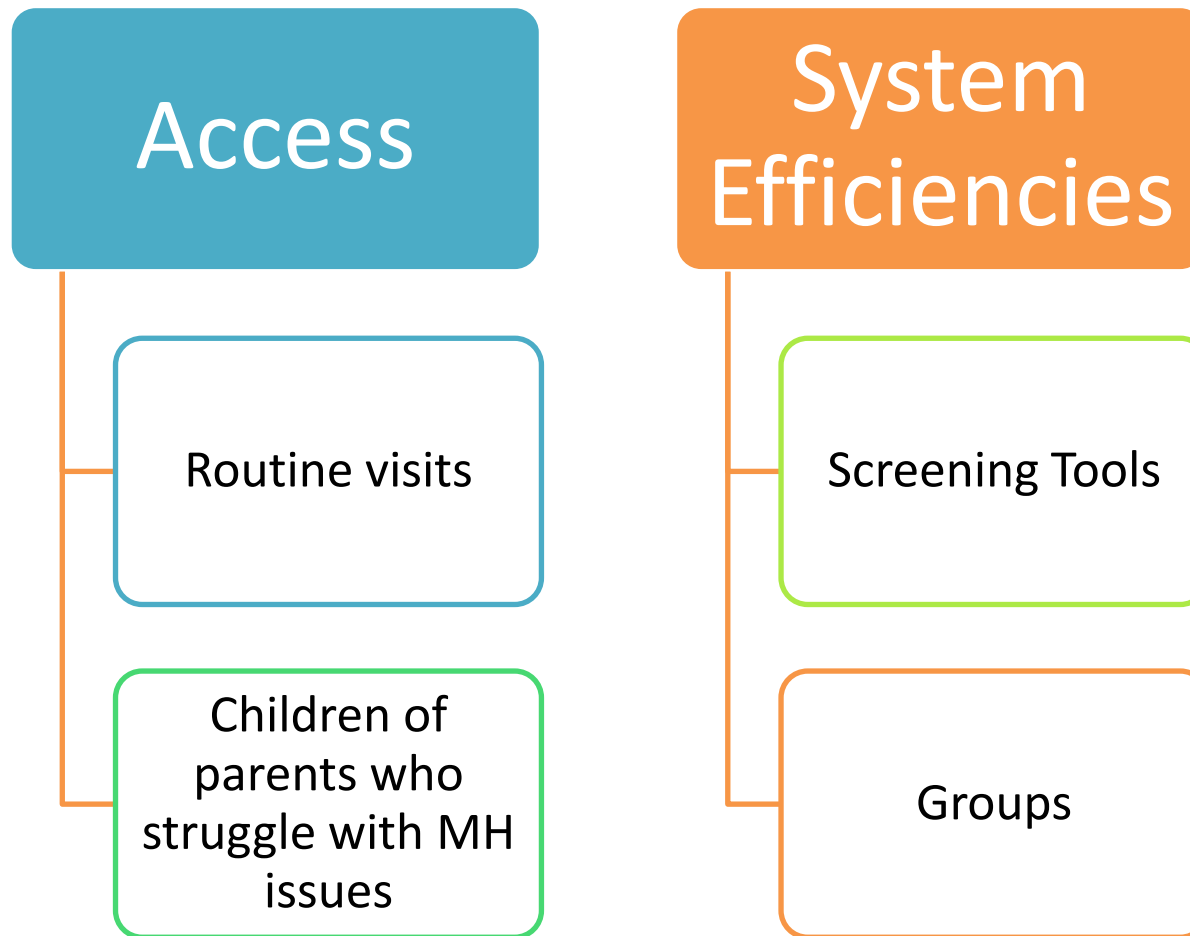
# Primary Care Transformation



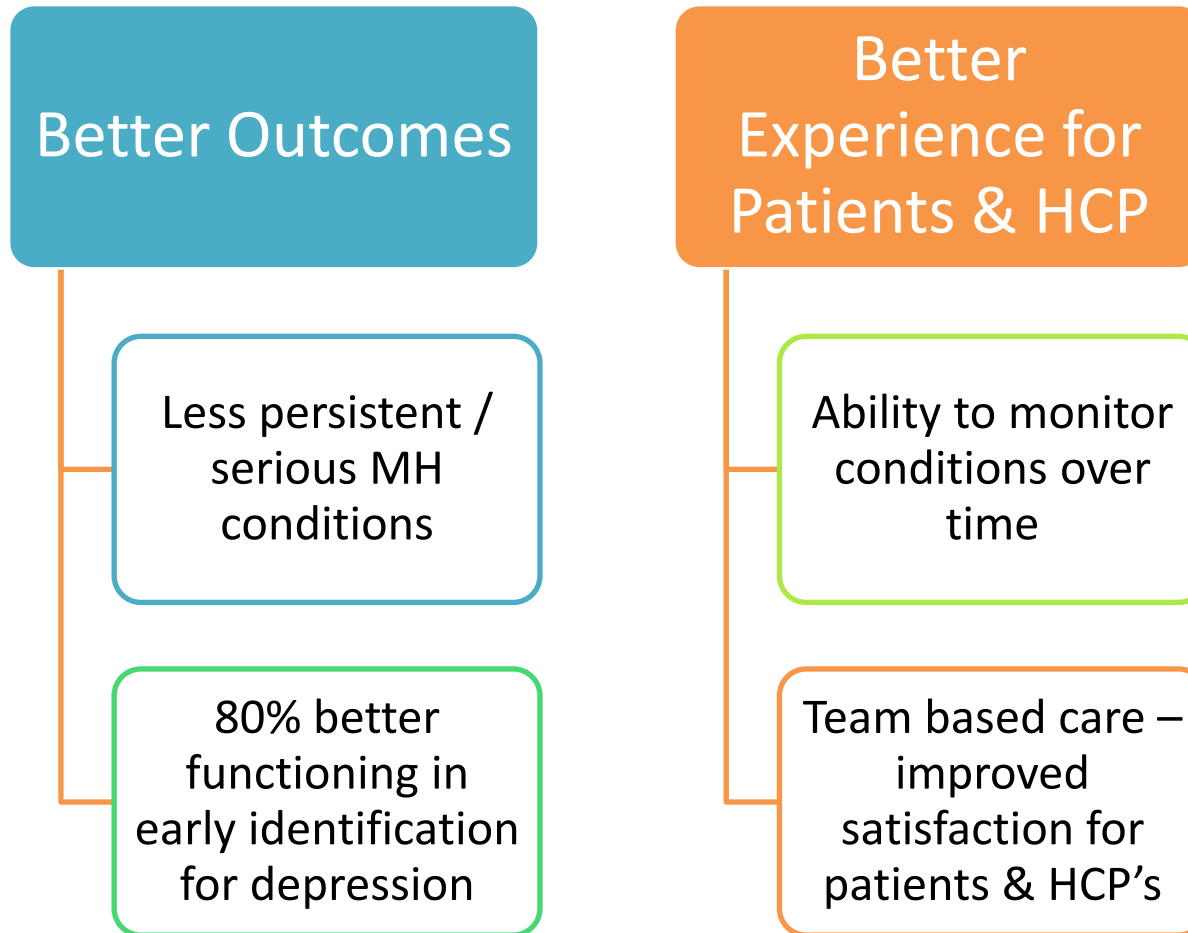
## Triple Aim

- Better Care
- Improved clinical patient outcomes
- Increased system efficiencies
- Better experience for teams and patients
- Focus on outcomes and performance measurement

# Opportunities - Prevention & Early Identification



# Opportunities – cont.



# How?



- 4 to 6 yr. old immunization – focus on parent child relationship, behavioural issues, healthy lifestyle issues
- Teen immunization – dep/anx screening (GAD 2 & PHQ-2)
- Ask the adults who you are seeing for MH issues how the children are doing?
- Screen all children & teens of parents with anxiety and/or depression

# Screening Tools



- [Child & Youth Mental Health Toolkits | Collaborative Mental Health Care](#)

# Challenges



- C&YMH needs to be integral part of the “medical home”
- Support for HCP’s (access to champion’s in C&YMH – internal/external supports) in order to increase comfort
- C&YMH is necessary at all levels of medical and professional training (CME accredited courses)



**“The solution of adult problems tomorrow depends in large measure on the way our children grow up today. There is no greater insight into the future than recognizing when we save our children we save ourselves”**

*Margaret Mead*



***Thank you***

