

# An Approach for Assessing Sick Leave and Disability

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Primary Diagnosis		None	Mild	Moderate	Severe
	Adjustment Disorder				
	Major Depression (MDE) consider using PHQ9 or SIGECAPS or Ham D7				
	Psychosis				
	Past History MDE				
Secondary Diagnosis		None	Mild	Moderate	Severe
	Anxiety				
	Dysthymia				
	Substance Disorder				
	Personality Disorder/Traits				
	PTSD				
	Learning Disability				
Medical Condition		None	Mild	Moderate	Severe
	Fibromyalgia				
	Chronic Fatigue				
	Chronic Pain				
	Other:				
Overall Illness Risk					

## Work Place Functional Assessment

	None	Mild	Moderate	High
Lack of motivation to return to work				
Lack of support at work				
Lack of fair processes at work				
Presence of conflict at work				
Presence of an effort/reward imbalance				
Lack of personal control in workplace				
Demands placed on patient				
Overall Workplace Risk				

## Activities of Daily Living Functional Assessment

	Degree of Impairment			
	None	Mild	Moderate	High
Shopping				
House work				
Accounting				
Food preparation				
Transportation				
Overall ADL Impairment Risk				

Social Functional Assessment				
	Degree of Impairment			
	None	Mild	Moderate	High
Aggressiveness				
Inappropriate behavior				
Withdrawal				
Breakdown in personal relationships				
Losses				
<b>Overall Social Impairment Risk</b>				

Cognitive Functional Assessment				
	Degree of Impairment			
	None	Mild	Moderate	High
Concentration / focus				
Persistence and pace				
Understanding / comprehension				
Memory				
Ability to meet deadlines				
Ability to make decisions				
Flexibility				
<b>Overall Cognitive Impairment Risk</b>				

Overall Prognosis				
	Degree of Impairment			
	None	Mild	Moderate	High
Overall Illness Risk				
Overall Workplace Risk				
Overall ADL Impairment Risk				
Overall Social Impairment Risk				
Overall Cognitive Impairment Risk				
<b>Overall Risk</b>				

This GRID is not validated

References:

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