

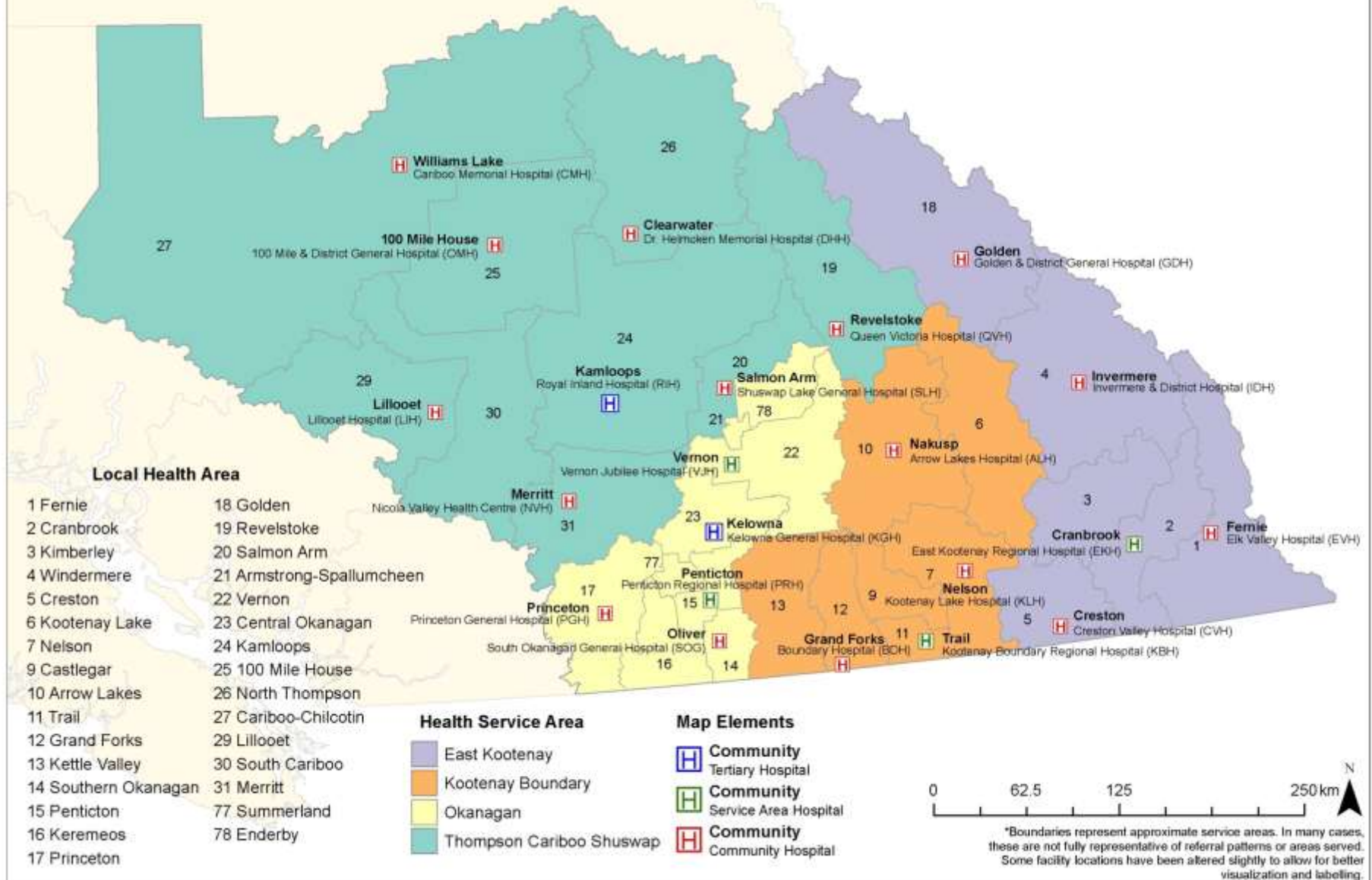


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Interior Health Authority Hospitals





Interior Health Authority MHSU Collaborative Care Initiatives

- **Region-wide initiatives:**
 - Regional Addiction Specialist Group with representatives from each of five HSA's
 - Standardizing screening tools
 - In-service teaching re: implementation of BCMA 'Problem Drinking' guidelines
 - Broadening Methadone Maintenance Therapy (MMT) to Opioid Replacement Therapy (ORT)
 - Reversed Shared Care



Interior Health Authority MHSU Collaborative Care Initiatives

- **West Kootenays:**
 - Trail, Castlegar & Grand Forks – focus on triage & knowledge transfer between addiction psychiatrists & primary care physicians; broadening ORT
 - Balancing on-site visits with telehealth services
- **East Kootenays:**
 - Focus on coordination of discharge care plans with complex clients; how to enhance integration?
- **Okanagan Central:**
 - Group Medical Visits
- **Okanagan South:**
 - Opioid Replacement Therapy (ORT)

Kamloops & Rural Thompson Cariboo Shuswap

Today, Garibaldi:

- **4513: Developing a collaborative community detox program – 10:30 am (paper)**
- **4510: Trauma and chronic pain: a collaborative approach to treatment – 2:15 pm (workshop)**

Tomorrow, Garibaldi:

- **4520: King Street Center: Moving towards integrated care for people with multiple barriers – 10:00 am (workshop)**

Kamloops & Rural Thompson Cariboo Shuswap

- **Telehealth:**
 - Increasing uses, e.g. Methadone Maintenance Therapy (MMT); MH & Addiction group participation for rural clients
 - Barriers: physician-resistance; cost of equipment
- **Aboriginal Health:**
 - Identifying where we do not have existing relationships
 - Working with key partners in Aboriginal Communities, e.g. Hub coordinators



Interior Health

Moving Collaborative Care forward in British Columbia

- **Involve physicians with planning:**
 - Relationships matter
 - Physicians have to buy-in
 - Compensation affects service delivery
- **Be client-centered:**
 - Focus on problem-solving
 - Empower others to ‘act on the vision’



Interior Health

Moving Collaborative Care forward in British Columbia

