



Conference main objective

This Conference will allow participants to focus on collaboration in order to create new pathways towards recovery, empowerment and social inclusion in mental health care.

Conference specific learning objectives

By the end of this conference, participants should be able to:

- Explain the importance of collaborative practices in mental health care.
- Describe evidence-based practices, innovative programs, and cutting-edge research that advances the spread of collaborative mental health care in Canada and beyond.
- Describe and discuss the value of meaningful engagement of people with lived experience of mental illness and/or substance use in the design, evaluation and improvement of mental health, primary care, and community-based services.
- Use tools and apply lessons learned from the conference in order to adopt and improve the real-world practice of collaborative mental health care.

Program specific learning objectives

Day 1 : Friday June 17 th 2022	
Activity	Objectives
<p>Opening Plenary 1 Collaboration and engagement – A win-win for service users and providers</p> <p>Speaker: Samuel Breau, Mental Health Commission of Canada</p>	<p>By the end of this session, participants should be able to:</p> <ul style="list-style-type: none"> • Recognize the importance and benefits of a recovery-oriented, collaborative model of mental health care for both service users and providers • Discuss how the engagement of service users as partners can transform care and improve the quality of mental health and substance use services • Describe actions that can be taken to engage more meaningfully with service users in the delivery and organization of collaborative care services

Day 1 : Friday June 17th 2022

Activity	Objectives
Concurrent session A	<p>By the end of this session, participants should be able to:</p> <ul style="list-style-type: none"> • Explain the benefits of team-based mental health care that includes service users as partners • Describe innovative programs and practices related to collaborative mental health care • Summarize the findings of research studies related to collaborative mental health care
Concurrent session B	<p>By the end of this session, participants should be able to:</p> <ul style="list-style-type: none"> • Describe innovative programs and practices related to collaborative mental health care • Discuss issues and challenges related to the implementation of mental health and/or collaborative care programs or practices • Describe and apply strategies, tools and resources that can advance collaborative mental health care
<p>Plenary 2 Roundtable : Youth Mental Health Services in Canada</p> <p>Speakers: Steve Mathias Johanna Henderson Lourdes Rodriguez Del Barrio</p>	<p>By the end of this session, participants should be able to:</p> <ul style="list-style-type: none"> • Describe the experiences of youth seeking services for mental health and/or substance use problems • Explain how collaboration and engagement occurs within innovative programs designed to support youth with mental health and/or substance use problems • Discuss the specific impacts and challenges of youth mental health programs in Quebec, Ontario and British Columbia

Day 2: Saturday June 18th 2022

Activity	Objectives
Concurrent session C	<p>By the end of this session, participants should be able to:</p> <ul style="list-style-type: none"> • Describe innovative programs and practices related to collaborative mental health care • Discuss issues and challenges related to the implementation of mental health and/or collaborative care programs or practices • Describe and apply strategies, tools and resources that can advance collaborative mental health care

Day 2: Saturday June 18th 2022

Activity	Objectives
<p>Plenary 3 : Social determinants of mental health</p> <p>Speakers: Tyler Simmonds Kwame McKenzie</p>	<p>By the end of this session, participants should be able to:</p> <ul style="list-style-type: none">• Explain the importance of taking actions to address the social determinants of mental health and well-being• Discuss the unique challenges experienced by racialized and marginalized communities as it pertains to living with and seeking care for mental health and/or substance use problems• Describe how collaborative mental health care services can reduce health inequities and better meet the needs of individuals from racialized and marginalized communities
<p>Concurrent session D</p>	<p>By the end of this session, participants should be able to:</p> <ul style="list-style-type: none">• Explain the benefits of team-based mental health care that includes service users as partners• Describe innovative programs and practices related to collaborative mental health care• Summarize the findings of research studies related to collaborative mental health care
<p>Concurrent session E</p>	<p>By the end of this session, participants should be able to:</p> <ul style="list-style-type: none">• Explain the benefits of team-based mental health care that includes service users as partners• Describe innovative programs and practices related to collaborative mental health care• Summarize the findings of research studies related to collaborative mental health care