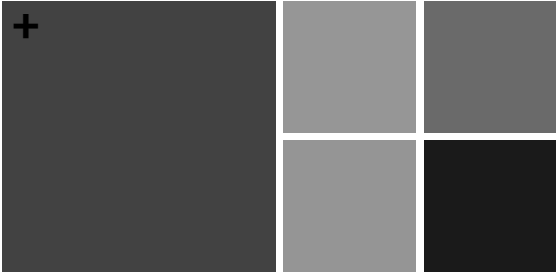


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Designing models for rapid access to youth mental health services in Canada: What can we learn from a contextualizing scoping review?


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+ Learning objectives

- To learn about ACCESS – a national network seeking to transform youth mental health service delivery
- To learn about the preliminary results of a scoping study on programs expediting access to mental health services
- To understand how ACCESS' planned rapid response strategy has been informed by the scoping study

+ ACCESS

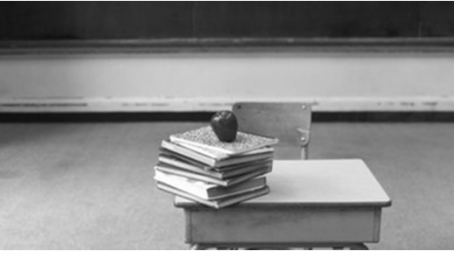


Sites include large urban, smaller urban, rural locations, smaller Aboriginal communities, vulnerable populations such as homeless youth and youth under protection or in contact with the criminal justice system.

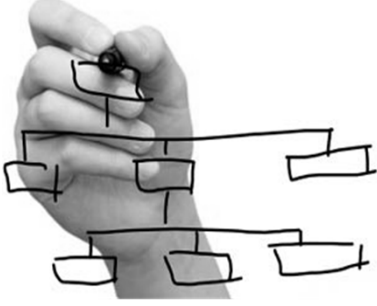
+ Some models in the literature

- School-based screening programs
- Service re-organization
- Use of technology
- Interventions targeting specific populations

+ School-based screening programs



+ Service re-organization



+ Technology



Photo from <http://www.mentalhealthcommission.ca/English/catalyst-srv-2014-e-mental-health>

+ Interventions targeting specific populations



+ ACCESS model of rapid access

- Deployment of ACCESS intake clinicians at all sites
 - Youth-friendly drop-in centers
 - Mental health clinicians dedicated to screening
 - Will see any youth 11-25, regardless of diagnosis or level of severity
 - Guaranteed assessment within 72 hours
 - Can be approached directly – by youth themselves, family members, school, GPs, etc. – no referral or diagnosis necessary
 - Flexible working hours and locations
 - Alternate portal of entry online

+ Conclusion

- Scoping review is an interesting methodology to see what is out there in a very broad field
- Need for careful evaluation of ACCESS' rapid response program, within each different context
- Important to be able to offer timely and appropriate care to youth

+ Questions?

+ Disclosures

- None

+ Search strategy

- 1. Mental Health Services/og
- 2. Community Mental Health Services/og
- 3. Emergency Services, Psychiatric/og
- 4. ((mental health or psychiatrist* or psychologist*) adj3 (lais* or service* or program* or care or treatment* or administrat* or admission* or admittin*))\$.ab,kw.
- 5. 1 or 2 or 3 or 4
- 6. exp "Referral and Consultation"/og [Organization & Administration]
- 7. ((refer or refers or refer* or consult* or access*) adj3 (program* or service* or care or treatment* or administrat*))\$.ab,kw.
- 8. ((refer or refers or refer* or consult* or access*) adj3 (direct* or self or online or web or virtual or telephone or phone or dropin or drop-in or in-person or inperson or remote*))\$.ab,kw.
- 9. ((make clinician* or screening clinician*))\$.ab,kw.
- 10. ((easy or rapid or timely) adj access)\$.ab,kw.
- 11. ((reduc* or short* or eliminat* or decreas* or minimis* or shrink*) adj3 wait* time*)\$.ab,kw.
- 12. 6 or 7 or 8 or 9 or 10 or 11
- 13. 5 and 12
- 14. limit 13 to exp="1980, Current"