

## Biographical Details

### Dr David Shiers



David has been actively involved in mental health development in England over the last 15 years. He now chairs a national network of clinical leads, having previously led the National Early Intervention in Psychosis Programme (2004-10) jointly with Dr Jo Smith. Most recently he has become a trustee to Rethink, a major UK mental health charity.

A General Practitioner by background, his special interest in mental health stems from personal involvement as carer to a daughter with schizophrenia. This experience convinced David of the need to improve services for young people with early psychosis, particularly their physical health and how an early intervention approach can be applied for bodies as well as minds.

### Current Affiliations

**Trustee** – Rethink (a major UK mental health charity)

**GP advisor** – Royal College of Psychiatrists National Audit of Schizophrenia

**GP and Carer Advisor** – National Institute for Clinical Excellence (NICE) Schizophrenia under 18s Guidelines Development Group