

FRIDAY, JUNE 15, 2012 Morning

REGISTRATION – CONTINENTAL BREAKFAST

7:00 – 8:00 a.m.

OPENING PRAYER (presenter to be confirmed) and CONFERENCE WELCOME (BC Ministry of Health/Nigel Murray CEO Fraser Health)

8:00 – 8:30 a.m.

PANEL PRESENTATION: “CURRENT AND FUTURE COLLABORATIVE CARE IN BC”

8:30 – 10:00 a.m.

NUTRITION BREAK

10:00–10:30 a.m.

CONCURRENT SESSIONS

10:30 a.m. – 11:55 a.m.

<i>Ballroom</i>	<i>Aspen Room</i>	<i>Oak Room</i>	<i>Garibaldi Room</i>	<i>Strathcona Room</i>	<i>Shuswap Room</i>	<i>Chartwell Room</i>	<i>Okanagan Room</i>
<p><a href="#">Shared Mental Health Care: Who, What, When, Where, Why?</a> Graham Meadows Workshop (90 minutes)</p>	<p><a href="#">Building a Clinical Pathway for Depression: A Collaborative Journey in Primary Care</a> (#4486) Bob Acton, Dennis Pusch, Keith Dobson Workshop (90 minutes)</p>	<p><a href="#">Feasibility and Effectiveness of Self-Care Interventions for Mental Health Disorders in Primary Care: Trends and Challenges</a> (#4469) Dan Bilsker, Leslie Born, Mark A. Lau, Jane McCusker Symposium (90 minutes)</p>	<p><a href="#">Developing a Collaborative Community Detox Program</a> (#4513) Lyn MacBeath, Charles Marke, Jamie Marshall, Robert Baker, Rae Samson, Sian Lewis Paper (25 minutes)</p> <p><a href="#">A Community Partnership for More Comprehensive Addiction Services in Primary Care</a> (#4446) Carol Melnick, John Steriopoulos, Tracy Kirby, Jackee Evans Paper (25 minutes)</p> <p><a href="#">Envisioning Change: Women’s Lived Experiences of Substance Use and Mental Health in Northern BC Through Photography</a> (#4490) Hilary McGregor Paper (25 minutes)</p>	<p><a href="#">Challenges of Integrating Networks: Addressing the Transformation of Roles and Relationships Within the Youth Mental Health System in Quebec’s Multiethnic Neighbourhoods</a> (#4462) Lucie Nadeau, Alex Battaglini, Suzanne Deshaies, Janique Johnson-Lafleur, Garine Papzian-Zohrabian, Kateri Germaini, Joanna Broadhurst, Toby Measham Symposium (90 minutes)</p>	<p><a href="#">Teaching Behavioral Sciences to Family Practice Residents</a> (#4475) Jon Davine, Randy Goossen Workshop (90 minutes)</p>	<p><a href="#">Reaching Out: Creating Synergy Among Urban and Rural Mental Health Providers While Enhancing Group Work Capacity with Children and Families</a> (#4460) Janice Burke, Natasha Curran Workshop (90 minutes)</p>	<p><a href="#">Selling Your Idea – So It Becomes Their Idea – Is Core to It Becoming ‘Our’ Idea</a> (#4449) Michael O’Connell Paper (25 minutes)</p> <p><a href="#">Collaborative Care for Mental Health and Substance Use Issues in Primary Health Care: An Overview of Reviews</a> (#4478) Victoria Jeffries, Nicole Wallace, Amanda Slaunwhite, Matthew Menear, Julia Arndt, Jennifer Dotchin, Kathy GermAnn, Sophie Sapergia Paper (25 minutes)</p> <p><a href="#">Why Bother With Shared Mental Health Care?</a> (#4472) Tena Hoekstra, Jean Leong Paper (25 minutes)</p>

**FRIDAY, JUNE 15, 2012 Afternoon**

**LUNCH**

12:00 – 1:00 p.m.

During lunch, from approximately 12:00 to 12:15 p.m., there will be a presentation about Mindcheck, a youth- and young adult-focused, B.C.-based mental health and substance use resource that provides education, support and assistance in connecting to local professional services.

**KEYNOTE PRESENTATION: “PROVISION OF EFFECTIVE HUMAN SERVICES IS A GOAL SHARED BY HEALTH EDUCATION, SOCIAL DEVELOPMENT AND OTHER PRACTITIONERS”– Bill Mussell**

1:00 – 2:00 p.m.

**CONCURRENT SESSIONS**

2:15 – 4:15 p.m.

<i>Ballroom</i>	<i>Aspen Room</i>	<i>Oak Room</i>	<i>Garibaldi Room</i>	<i>Strathcona Room</i>	<i>Shuswap Room</i>	<i>Chartwell Room</i>	<i>Okanagan Room</i>
<p><a href="#"><u>Collaborative Care Across Cultures</u></a> Bill Mussell Workshop (90 minutes)</p>	<p><a href="#"><u>Smart Mental Health Care Where It Matters</u></a> (#4448) Michael O’Connell Paper (25 minutes)</p> <p><b>This session ends at 2:45 p.m.</b></p>	<p><a href="#"><u>A Collaborative Approach to Address Tobacco Use for Individuals with Serious Mental Illness</u></a> (#4471) Annette Bradfield, Donna Pettey, Kerri-Anne Mullen Workshop (90 minutes)</p> <p><a href="#"><u>Primary Care Stone Soup: Improving Quality of Collaborative Care Through the Development of Two Innovative Mental Health Intake Processes</u></a> (#4503) Cynthia Forrest, Agnes Leoniuk Paper (25 minutes)</p>	<p><a href="#"><u>Trauma and Chronic Pain: A Collaborative Approach to Treatment</u></a> (#4510) Kerry McLean Small, Lyn MacBeath, Shirley Sze, Maureen Leia-Stephen Workshop (90 minutes)</p> <p><a href="#"><u>Collaborating to Improve Services for Women with Perinatal Depression</u></a> (#4492) Christie Newton, Yasmin Jetha, Sheila Duffy Paper (25 minutes)</p>	<p><a href="#"><u>The Child and Adolescent Mental Health Toolkits for Primary Care</u></a> (#4496) Blair Ritchie, Helen Spenser, Peter Kondra, Brenda Mills, Sari Ackerman Workshop (90 minutes)</p> <p><a href="#"><u>The Who, What, Where, When, Why and How of Primary Care Paediatric Mental Health Continuing Medical Education Events</u></a> (#4483) Clare Gray, Katherine Young, Paula Cloutier Paper (25 minutes)</p>	<p><a href="#"><u>Training in Collaborative Mental Health Care</u></a> (#4480) Elliot Goldner, Nick Kates, Jennifer Barley Workshop (90 minutes)</p> <p><a href="#"><u>An Environmental Scan of Canadian Provincial and Territorial Primary Healthcare Initiatives Addressing Mental Health</u></a> (#4514) Wayne Jones, Matthew Menear, Lisa Petermann, Louise Lapierre, Elliot Goldner Paper (25 minutes)</p>	<p><a href="#"><u>Managing Depression as a Chronic Condition</u></a> (#4499) Douglas Green Paper (25 minutes)</p> <p><a href="#"><u>Formative Evaluation of Practice Changes for Managing Depression in Primary Care in Manitoba</u></a> (#4457) Julie Beaulac, Randy Goossen, Teresa Jones, Ingrid Botting, Jeanette Edwards, Angus Steele, Deb Taillefer Paper (25 minutes)</p> <p><a href="#"><u>Developing an Evaluation Framework for Consumer-Centred Collaborative Care of Depression Using Input from Stakeholders</u></a> (#4467) Jane McCusker, Mark Yaffe, Tamara Sussman, Nick Kates, Gillian Mulvale, Ajantha Jayabarathan, Susan Law Paper (25 minutes)</p>	<p><a href="#"><u>Connecting the Silos for Complex Pain Patients</u></a> (#4481) June Bergman, Jean Leong Story (55 minutes)</p> <p><a href="#"><u>Primary Care Collaboration in a Family Health Team Clinic: Working as a Team Towards Better Mental Health Care</u></a> (#4523) Brian Hay Story (55 minutes)</p>

**WELCOME RECEPTION WITH THE MENTAL HEALTH COMMISSION OF CANADA CHEER PROJECT AND THE NEW MENTAL HEALTH STRATEGY FOR CANADA**

4:30 – 6:30 p.m.

SATURDAY, JUNE 16, 2012 Morning

REGISTRATION – CONTINENTAL BREAKFAST  
7:00 – 8:00 a.m.OPENING REMARKS  
8:00 a.m.KEYNOTE PRESENTATION: “A BIT BETTER, BIT BY BIT: STRATEGIC PIECEMEAL DEVELOPMENTS IN AUSTRALIA PRIMARY MENTAL HEALTH – Dr. Graham Meadows  
8:00 – 8:45 a.m.KEYNOTE PRESENTATION: “MENTAL HEALTH STRATEGY FOR ENGLAND” – Dr. Hugh Griffiths  
8:45 – 9:30 a.m.NUTRITION BREAK  
9:30 – 10:00 a.m.CONCURRENT SESSIONS  
10:00 a.m. – 12:00 p.m.

<i>Ballroom</i>	<i>Aspen Room</i>	<i>Oak Room</i>	<i>Garibaldi Room</i>	<i>Strathcona Room</i>	<i>Shuswap Room</i>	<i>Chartwell Room</i>	<i>Okanagan Room</i>
<p><a href="#">Development, Delivery and Evaluation of Evidence-Based Training to Enhance Capacity in Primary Care Regarding Children and Adolescents' Mental Health (#4466)</a> Stan Kutcher, Iliana Garcia-Ortega, Garey Mazowita, Liza Kallstrom, Marcus Hollander Symposium (90 minutes)</p> <p><a href="#">Analysis of Collaboration Between Emergency Departments and a Geriatric Psychiatry Community Clinic: Are We Making a Difference? (#4461)</a> Vickie Demers, Linda Gobessi Paper (25 minutes)</p>	<p><a href="#">Making Sense from the Chaos: TIPS for Working on a Mobile Team and Making the Environment Work for You: Lessons Learned from the Ottawa Shared Mental Health Care Team (#4491)</a> Donna Klinck, Pamela Cooper Workshop (90 minutes)</p> <p><a href="#">Rapid Access to Consultative Expertise in BC (#4494)</a> Randall White Paper (25 minutes)</p>	<p><a href="#">Supporting Collaborative Care Through Mental Health Groups in Primary Care (#4497)</a> Jackie Bootsma Workshop (90 minutes)</p> <p><a href="#">Medical and Community Services Working Together to Achieve Better Mental Health (#4488)</a> Danielle de Moissac, Monique Bohemier, Chelsea Herdman, Margaux Roch-Gagne, Christine Johnston, Michelle Arpin-Molinski, Julie Paille, Georgette Dupuis Paper (25 minutes)</p>	<p><a href="#">King Street Center: Moving Towards Integrated Care for People with Multiple Barriers (#4520)</a> Rae Samson, Tara Mochizuki, Kurt Buller, Shirley Sze, Gail Zowty, Randy Murray, Doug Hamilton Workshop (90 minutes)</p> <p><a href="#">A Pilot Study of a Telephone-Supported Self-Care Intervention for Depression Among Older Adults with Chronic Physical Illness in Primary Care (#4465)</a> Jane McCusker, Martin Cole, Mark Yaffe, Tamara Sussman, Kim Lavoie, Erin Strumpf, Maida Sewitch, Manon deRaad Paper (25 minutes)</p>	<p><a href="#">Collaboration Across Theories: Local, Professional Knowledge(s) and Their Interactions in Ottawa, Ontario (#4504)</a> Noah M. P. Spector Paper (25 minutes)</p> <p><a href="#">Work and Mental Illness: Understanding Those with Work-Related Mental Health Issues in a Collaborative Primary Care Setting (#4507)</a> John Haggarty Paper (25 minutes)</p> <p><a href="#">From Anguish to Advocacy: Responding to My Daughter's Schizoaffective Disorder (#4454)</a> Susan Inman Story (40 minutes)</p> <p>This session ends at 11:40 a.m.</p>	<p><a href="#">Fraser Health Mental Health and Substance Use Integrated Health Networks (#4470)</a> Terry Isomura, Denyse Houde, Jennifer Blatchford, Chrystal Mihelic Symposium (90 minutes)</p> <p><a href="#">Psychosis Treatment Optimization Program: Collaborating with Primary Care (#4519)</a> Mansoor Anwar, Debbie Thompson Paper (25 minutes)</p>	<p><a href="#">Supported Self-Management for Mood Problems: Moving It into Standard Care (#4505)</a> Dan Bilsker, Jessica Mankowski Workshop (90 minutes)</p> <p><a href="#">Sanford One Mind: Fully Integrating Behavioral Services Within All Sanford Primary and Specialty Health Care Settings (#4517)</a> Read Sulik, Cyndy Skorick, Jon Ulven, Tammy Sulik, Andrew Larson Paper (25 minutes)</p>	<p><a href="#">Reflecting on a Collaborative Model for Reducing Emergency Department Use for Mental Health and Addiction (#4525)</a> Sandra Tudge, Mary Compton Workshop (90 minutes)</p> <p>This session ends at 11:30 a.m.</p>

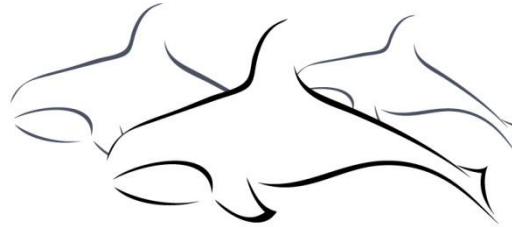
**SATURDAY, JUNE 16, 2012 Afternoon**

**LUNCH**  
12:00 – 1:00 p.m.

**PANEL PRESENTATION: “INTERNATIONAL AND NATIONAL TRENDS IN COLLABORATIVE MENTAL HEALTH CARE”**  
Dr. Graham Meadows, Dr. Hugh Griffiths, Dr. Nick Kates, Dr. Elliot Goldner and Barbara Korabek  
1:00 – 2:30 p.m.

**KEYNOTE PRESENTATION: “THE NEXT 5 YEARS OF COLLABORATION – BETTER HEALTH, BETTER CARE, BETTER VALUE”**  
Dr. Nick Kates  
2:30 – 3:00 p.m.

**WRAP-UP AND CLOSING CEREMONIES**  
3:00 – 3:30 p.m.



**Collaboration in Action**  
June 15th to 16th, 2012 - Vancouver, BC

## Concurrent Session Presentations

**4446**

### **A community partnership for more comprehensive addiction services in primary care**

*Carol Melnick (Hamilton Family Health Team), John Steriopoulos (Hamilton Family Health Team), Tracy Kirby (Hamilton Family Health Team), Jackee Evans (City of Hamilton Alcohol, Drug & Gambling Services)*

Over the past four years the Hamilton Family Health Team has partnered with a local addiction agency to provide more comprehensive addiction services in primary care. Three group programs along with substance use counseling for patients who misuse opiates or who are at risk for misusing pain medication were developed collaboratively. We will present key features of the group and individual counseling programs along with the different methods of collaborative service delivery that have evolved.

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**4448**

### **Smart mental health care where it matters**

*Michael O'Connell (Lakes District Health Board, Rotorua NZ)*

Within the context of the New Zealand health system, this presentation will provide an overview of an evolving Primary Mental Health Intervention Service model (PRIMHIS), the work of the team members, the outcomes achieved to date and the future potential. Reference will be made to the political and social drivers that call for greater collaboration and seamless health care delivery.

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**4449**

### **Selling your idea - so it becomes their idea - is core to it becoming 'our' idea**

*Michael O'Connell (Lakes District Health Board, Rotorua, NZ)*

The presentation will provide a close look at the human and organisational challenges that presented themselves when new ideas for a primary mental health service operated out of secondary care resourcing were proposed. Organisational anxiety, distrust of change, projection of past faults and a plethora of 'change pathologies' were experienced. Change process 'challenges' are normal and should be welcomed. Open conversations that reframe change in terms of real health outcomes and personal practice developments should also be encouraged.

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**4454**

**From anguish to advocacy: Responding to my daughter's schizoaffective disorder**

*Susan Inman*

Families are often thrown into turmoil when their son or daughter develops a psychotic disorder. Susan Inman will describe the insights she's gained into the mental health system while assisting her daughter over the past dozen years regain her sanity and her stability. This presentation will discuss the typical obstacles that families encounter in trying to get appropriate help and the ways the mental health system can work more collaboratively with family caregivers.

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**4457**

**Formative evaluation of practice changes for managing depression in primary care in Manitoba**

*Julie Beaulac, PhD, CPsych (University of Manitoba), Randy Goossen, MD CCFP FRCPC (Winnipeg Regional Health Authority), Teresa Jones, MA (Winnipeg Regional Health Authority), Ingrid Botting, PhD (Winnipeg Regional Health Authority), Jeanette Edwards, MHA (Manitoba Health), Angus Steele (Manitoba Health), Deb Taillefer (South Eastman Health)*

This presentation will discuss findings from phase 2 of an evaluation investigating the implementation and initial impact of mental health indicators specific to screening and managing follow-up for depression in primary care. We will highlight barriers and facilitators to initiative implementation, provider satisfaction, and trends across primary care sites. Implications for implementing practice changes in collaborative care settings related to depression management will be explored.

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**4460**

**Reaching out: Creating synergy among urban and rural mental health providers while enhancing group work capacity with children and families**

*Janice Burke (Eastern Health) Natasha Curran (Eastern Health)*

This workshop explores the formation of a partnership between a hospital-based children's mental health service and Royal Bank of Canada that enabled the development of a wide spectrum of prevention and early intervention mental health group programs adaptable for urban and rural settings. Facilitator training was delivered through multi-disciplinary, multi-agency collaboration in small communities with minimal cost. Reflecting on this process in Newfoundland Labrador, participants are engaged to discuss the applicability in their regions.

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**4461**

**Analysis of collaboration between emergency departments and a geriatric psychiatry community clinic: Are we making a difference?**

*Vickie Demers (Geriatric Psychiatry Community Services of Ottawa), Linda Gobessi (Geriatric Psychiatry Community Services of Ottawa), Nicole Robert (Geriatric Psychiatry Community Services of Ottawa)*

To evaluate the effectiveness of a collaborative project between Emergency Departments and a Geriatric Psychiatry Clinic, assist in future planning and better understand the nature of this working relationship, a retrospective chart review was completed to examine the profile of patients that were referred during a one-year period. Results will be reviewed. We hope that through sharing our experience we can inspire other programs to develop similar relationships to promote senior independence.

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**4462**

**Challenges of integrating networks: Addressing the transformation of roles and relationships within the youth mental health system in Quebec's multiethnic neighbourhoods**

*Lucie Nadeau (CSSS de la Montagne), Alex Battaglini (CSSS Bordeaux-Cartierville-St-Laurent), Suzanne Deshaies (CSSS Bordeaux-Cartierville-St-Laurent), Janique Johnson-Lafleur (CSSS de la Montagne), Cécile Rousseau (CSSS de la Montagne), Annie Jaimes (CSSS de la Montagne), Garine Papazian-Zohrabian (Université de Montréal), Kateri Germain (CSSS Cavendish), Joanna Broadhurst (CSSS de la Montagne), Toby Measham (CSSS de la Montagne)*

This three-presentation symposium reports on the results of a CIHR- and MSSS-funded research project on partnership building in youth mental health (YMH) in urban multiethnic neighbourhoods in Quebec, following a mental health reform. It will address 1) the process of partnership building, 2) professional roles and identity transformation 3) the perspectives of families and clinicians. A discussion will invite participants to provide comments and share their views regarding partnership building in YMH care.

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**4465**

**A pilot study of a telephone-supported self-care intervention for depression among older adults with a chronic physical illness in primary care**

*Jane McCusker (McGill University and St. Mary's Research Centre), Martin Cole (St. Mary's Hospital Center), Mark Yaffe (St. Mary's Hospital Center), Tamara Sussman (McGill University), Kim Lavoie (Université du Québec à Montréal), Erin Strumpf (McGill University), Maida Sewitch (McGill University), Manon deRaad (St. Mary's Research Centre)*

This presentation will describe the results of an uncontrolled pilot study to determine the feasibility of implementing a telephone-supported self-care intervention for depression among depressed adults aged 40 and over with selected chronic physical illnesses in family practice settings. Participants (n=63) received a multi-media package of self-care tools, with telephone support for up to 6 months. The intervention was feasible and outcomes suggested potential effectiveness.

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**4466**

**Development, delivery and evaluation of evidence-based training to enhance capacity in primary care regarding children and adolescents' mental health**

*Stan Kutcher (Sun Life Financial Chair in Adolescent Mental Health at the IWK Health Centre and Dalhousie), Iliana Garcia - Ortega (Sun Life Financial Chair in Adolescent Mental Health at the IWK Health Centre and Dalhousie), Garey Mazowita (University of British Columbia), Liza Kallstrom (British Columbia Medical Association), Marcus Hollander (Hollander Analytical Services Ltd)*

This symposium aims to review different aspects of this project, starting with the scope of the problem barriers and benefits in integrating mental health care into the primary care model; as well as the development of training material, organization and challenges during the dissemination process and evaluation design. This provincial project can become a template for other Canadian jurisdictions to effectively address the shortage of mental health providers and waiting times for child and youth mental health care patients.

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**4467**

**Developing an evaluation framework for consumer-centred collaborative care of depression using input from stakeholders**

*Jane McCusker (McGill University and St. Mary's Research Centre), Mark Yaffe (St. Mary's Hospital Center), Tamara Sussman (McGill University), Nick Kates (McMaster University), Gillian Mulvale (Canadian Health Services Research Foundation), Ajantha Jayabarathan (Dalhousie University and Cowie Hill and Camp Hill Family Medicine Centre), Susan Law (McGill University and St. Mary's Hospital Center)*

This presentation will review the results of a pan-Canadian workshop held at the 2011 Collaborative Mental Health Care conference that explored stakeholders' perceptions of the processes of collaborative care for depression most relevant to consumers' experiences. A proposed framework will be presented to guide further development of consumer-centred collaborative care for depression. The key attributes of consumer-centred collaborative care identified as a result of the workshop will be presented, and challenges in measuring consumer experiences of these attributes will be discussed.

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**4469**

**Feasibility and effectiveness of self-care interventions for mental health disorders in primary care: trends and challenges**

*Dan Bilsker (University of British Columbia & Centre for Applied Research in Mental Health & Addictions), Leslie Born (McMaster University and Hamilton Family Health Team), Mark A. Lau (University of British Columbia), Jane McCusker (McGill University and St. Mary's Research Centre)*

This symposium will describe the results of recent research on mental health self-care initiatives in Canada (including telephone-supported and group interventions), highlighting what works for whom and in what contexts. Particular themes to be addressed in this symposium include: effectiveness in older people, individuals with chronic physical illnesses, and persons with more severe mental health symptoms; and enhancing the roles of family physicians, family members and social supports in self-care.

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**4470**

**Fraser Health Mental Health and Substance Use Integrated Health Networks**

*Dr. Terry Isomura (Fraser Health), Denyse Houde (Fraser Health), Jennifer Blatchford (Fraser Health), Chrystal Mihelic (Fraser Health)*

An overview of Fraser Health Mental Health and Substance Use Services involvement in the provincial Integrated Health Network (IHN) initiative, including the overall engagement approach being taken, the models of collaborative mental health care being developed and prototyped, the tools and resources supporting the initiative's success, and the key learnings to date.

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**4471**

**A Collaborative approach to address tobacco use for individuals with serious mental illness**

*Annette Bradfield (Canadian Mental Health Association, Ottawa Branch), Donna Pettey (Canadian Mental Health Association, Ottawa Branch), Kerri-Anne Mullen (The University of Ottawa Heart Institute)*

While tobacco use has decreased over the past few decades, little progress has been made in addressing smoking cessation for those with severe mental illness who are homeless or vulnerably housed. In this interactive presentation, an overview of a multi-agency, systematic approach will challenge health practitioners to take a leadership role in supporting smoking cessation for these individuals. Interventions from the University of Ottawa Heart Institute and Canadian Mental Health Association, Ottawa will be discussed.

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**4472**

**Why bother with shared mental health care? Collaboration in action**

*Tena Hoekstra (Alberta Health Services), Jean Leong (Alberta Health Services)*

Why would family physicians participate in Shared Mental Health Care (SMHC) when they could spend that time seeing up to six patients within that hour? A survey was administered to family practice physicians in the Calgary SMHC program to determine what impact this collaborative model has had on their practice.

The presentation will highlight the benefits of the SMHC model to family physicians and how this program has made a difference to the practice of working with patients who present with mental health concerns. Results of the survey will also demonstrate the ongoing development of SMHC in primary care over time and will propose potential questions for future evaluation.

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**4475**

**Teaching behavioral sciences to family practice residents: The shared care approach**

*Jon Davine (McMaster University), Randy Goossen (University of Manitoba)*

There will be a didactic part of the presentation wherein we will describe the longitudinal behavioral sciences program for family medicine residents at McMaster University and University of Manitoba. Participants will be encouraged to share their experiences in this field.

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**4478**

**Collaborative care for mental health and substance use issues in primary health care: An overview of reviews**

*Victoria Jeffries (Simon Fraser University), Nicole Wallace (Mental Health Commission of Canada), Amanda Slaunwhite (Mental Health Commission of Canada), Matthew Menear (Mental Health Commission of Canada), Julia Arndt (Mental Health Commission of Canada), Jennifer Dotchin (Mental Health Commission of Canada), Kathy GermAnn (Mental Health Commission of Canada), Sophie Sapergia (Mental Health Commission of Canada)*

This presentation will showcase the findings of an overview of systematic reviews on four collaborative mental health care interventions. Interventions were selected with the help of a diverse group of health care practitioners, researchers and policy makers and include: inter-professional collaboration, telehealth, enhanced referral systems and payment methods. The outcomes to be discussed are: 1) reduced symptoms of mental health and substance use problems, 2) improved adherence to prescribed treatments, and 3) cost-effectiveness.

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**4480**

**Training in collaborative mental health care**

*Nicholas Watters (Mental Health Commission), Dr. Elliot Goldner (Simon Fraser University), Dr. Nick Kates (Hamilton Family Health Team), Dr. Jennifer Barley (University of British Columbia)*

This interactive workshop will identify opportunities to improve inter-professional collaboration in primary mental health care by facilitating an active dialogue among participants and experts about current mental health care training programs for trainees and current health professionals in Canada. The workshop will also discuss the importance of incorporating knowledge from persons with lived experience into training programs, and options for doing this more effectively.

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**4481**

**Connecting the silos for complex pain patients**

*June Bergman (Calgary Foothills Primary Care Network (CFPCN)), Jean Leong (Alberta Health Services)*

This presentation will highlight how the new partnership of shared mental health and chronic pain, the relationship between various mental health and other health disciplines has evolved over the last two years. A composite complex pain patient's journey through the Pain Clinic developed by the Calgary Foothills Primary Care Network will be presented to illustrate themes, learning and successes with this new partnership in the understanding of the connection between mental health issues and the patient's experience of pain.

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**4483**

**The who, what, where, when, why, and how of primary care paediatric mental health continuing medical education events**

*Clare Gray (Children's Hospital of Eastern Ontario) Katherine Young (Children's Hospital of Eastern Ontario) Paula Cloutier (Children's Hospital of Eastern Ontario)*

A systematic literature review was conducted on Primary Care Practitioner (PCP) training for paediatric mental health issues. Findings revealed that the current methods of training do not utilize documented best practices. In this review, we summarize and present best practices for Continuing Medical Education events for PCPs to effectively identify and treat paediatric patients with mental health needs. We specifically look at how location, timing, presenter profession, and presentation style, contribute to training effectiveness.

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**4486**

**Building a clinical pathway for depression: A collaborative journey in primary care**

*Bob Acton (Alberta Health Services), Keith Dobson (University of Calgary), Dennis Pusch (Alberta Health Services)*

In this workshop, participants will be presented with ideas and tools to assist them in the difficult task of developing clinical pathways for depression (and other mental health conditions) for use in primary care settings. An initial, in-depth discussion of the processes used to create a new clinical pathway for adult depression in Calgary, Alberta will be used to demonstrate how participants can use these same processes to further their own unique clinical pathway projects.

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**4488**

**Medical and community services working together to achieve better mental health**

*Danielle de Moissac (Université de Saint-Boniface), Monique Bohémier (Université de Saint-Boniface), Chelsea Herdman (Université de Saint-Boniface), Margaux Roch-Gagné (Université de Saint-Boniface), Christine Johnston (Centre de santé Saint-Boniface), Michelle Arpin-Molinski (Centre de santé Saint-Boniface), Julie Paillé (Université de Saint-Boniface), Georgette Dupuis (Centre de santé Saint-Boniface), Mélanie Saint-Hilaire (Centre de santé Saint-Boniface), Liliane Prairie (Centre de santé Saint-Boniface)*

The Centre de santé Saint-Boniface has developed a program entitled “Take Charge! For Your Health”, a 12-week program of individual, personalized consultations with a dietician and a certified physical activity coach with the primary objective of developing a long-term health care plan for clients suffering from mild to moderate depression. This collaborative approach has been successful in empowering clients in becoming involved in maintaining their well-being, thus having a positive impact on their mental health.

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**4490**

**Envisioning change: Women's lived experiences of substance use and mental health in northern BC through photography**

*Hilary McGregor (University of Northern British Columbia)*

This project utilizes participant photography as a unique and creative approach to develop new knowledge about the intersecting factors contributing to women’s daily realities of substance use and mental health in the northern city of Prince George, BC. Participants were engaged in group discussions, photography, interviews and a public exhibition. Women’s stories will be shared widely through their photographs and words to inform northern policy and practice towards improving services and outcomes for this population.

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**4491**

**Making sense from the chaos: TIPS for working on a mobile team and making the environment work for you. Lessons learned from the Ottawa Shared Mental Health Care Team**

*Donna Klinck (Shared Mental Health Care, The Ottawa Hospital and Bruyere FHT), Pamela Cooper (Shared Mental Health Care, The Ottawa Hospital and Bruyere FHT)*

This workshop will focus on the unique challenges faced by a multi-disciplinary team that works in a "mobile" way. The workshop is meant to be an interactive discussion with others who work in, or are considering working in, this type of setting. The goal is to share practical ideas, strategies, and tools which will improve daily workplace quality of life, as well as provide excellent service to patients.

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**4492**

**Collaborating to improve services for women with perinatal depression**

*Christie Newton (UBC Department of Family Practice), Janet Williams (Vancouver Coastal Health Authority), Yasmin Jetha (Vancouver Coastal Health Authority), Sheila Duffy (Pacific Postpartum Support Society)*

Vancouver Coastal and Providence Health Care, in collaboration with the Provincial Health Service Authority and Pacific Post Partum Support Society, developed a perinatal depression strategy and three-year action plan (2010-2013) to improve services to women with perinatal depression (PND). This presentation will outline the PND strategy and action plan, the collaborative initiatives implemented to date, and the processes employed to maintain collaborative partnerships among key stakeholders.

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**4494**

**Rapid access to consultative expertise in BC**

*Randall White (Providence Health Care), Margot Wilson (Providence Health Care)*

Rapid Access to Consultative Expertise is a telephone advice program that allows family physicians to speak directly to hospital-based physicians in Vancouver in a variety of specialties, usually within a few minutes. In this paper, the project manager and the psychiatry team leader will describe the program including funding and organization, and will present up-to-date findings of quantitative and qualitative evaluation.

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**4496**

**The child and adolescent mental health toolkits for primary care**

*Blair Ritchie (Foothills Medical Center and University of Calgary), Helen Spenser (Children's Hospital of Eastern Ontario and University of Ottawa), Peter Kondra (Hamilton Family Health Team and McMaster University), Brenda Mills (Coordinator Child and Youth Mental Health Initiative, Hamilton Family Health Team), Sari Ackerman (Hamilton Family Health Team)*

In this 90-minute interactive workshop online child and youth mental health toolkits will be introduced using case examples of ADHD and Mood Disorders. Some of these toolkits were designed for use in collaborative care and education.

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**4497**

**Supporting collaborative care through mental health groups in primary care**

*Jackie Bootsma, MSW, RSW (Hamilton Family Health Team)*

This is an interactive workshop to look at how mental health groups enhance collaborative care in primary care teams. We'll cover the development and growth of the groups program in our large family health team and the efforts to involve counsellors, doctors, nurses, and consumers. An example of the recent Panic group pilot will demonstrate the group process, how we involve others and what the impact has been. There will be time for questions, comments and sharing.

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**4499**

**Managing depression as a chronic condition**

*Douglas Green (The Ottawa Hospital Shared Care Mental Health Team)*

In order to conceive, develop and nurture collaborative care models it is essential for mental health providers to have a sound understanding of the conditions they are managing. In this paper presentation key concepts relevant to viewing depression as a chronic condition will be reviewed and will be related to the chronic care model (CCM) for managing chronic illness. A case presentation using the PHQ-9 depression rating tool will be used to illustrate these concepts.

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**4503**

**Primary care stone soup: Improving quality of collaborative care through the development of two innovative mental health intake processes**

*Cynthia Forrest (Hamilton Family Health Team), Agnes Leoniuk (Hamilton Family Health Team)*

Two innovative mental health intake models were implemented in high volume/high needs Primary Care clinics at the Hamilton Family Health Team. Both models employed variations of collaborative patient-centred process to coordinate more timely access to appropriate service. Conclusions propose next steps for further development in system efficiency; better evaluate impact on patient and provider satisfaction; and offer recommendations to consider in the development, implementation and customization of collaborative mental health intake models to Primary Care Practice.

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**4504**

**Collaboration across theories: Local, professional knowledge(s) and their interactions in Ottawa, Ontario**

*Noah M.P. Spector (University of Ottawa)*

In this paper presentation, two models of collaborative practice taking place in Ottawa, Ontario will be described. The theoretical underpinnings of these approaches will be examined with regard to how they encourage practitioners to approach their clients' concerns. To understand the effects of these two models, I will discuss my ongoing research into client families' experiences of treatment in the context of the two organizations within which these two models were developed.

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**4505**

**Supported self-management for mood problems: Moving it into standard care**

*Dan Bilsker (Simon Fraser University), Jessica Mankowski (Mental Health Commission of Canada)*

Supported Self-Management (SSM) involved care providers supporting patients in applying mood self-management skills. It is effective, low cost, acceptable to most patients and practical in routine primary care. Identified barriers to self-management include: *patients present in crisis and are not open to self-management, patients are seeking medication, patients may have low reading capacity*, etc.. This workshop will introduce 5 self-management skills, identify common barriers and engage participants in problem solving aimed at overcoming these barriers.

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**4507**

**Work and mental illness: Understanding those with work-related mental health issues in a collaborative primary care setting**

*John Haggarty (SJCG)*

In this presentation, we will discuss the characteristics of individuals with work-related difficulties and examine the effectiveness of the shared care model for this population.

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**4510**

**Trauma and chronic pain: a collaborative approach to treatment**

*Kerry McLean Small, RN, BSN, MNS (Interior Health, Kamloops, BCBC), Lyn MacBeath, MD, FRCPC, ABAM-certified (Interior Health, BC), Rae Samson, BSW, MSW (Interior Health, Kamloops, BC), Shirley Sze, BMSc, MD, CCFP, FCFP, Maureen Leia-Stephen, MD, RCPSC*

Presenters include three physicians (psychiatrist, GP, surgeon), an administrator, and a clinical nurse team leader. Focus will be on practical aspects of building collaborative processes. This presentation will demonstrate the use of collaborative models and educational training. Various levels of service for trauma and chronic pain will be illustrated using case examples. Through small group discussions participants will have opportunities to share and to receive feedback about their learning.

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**4513**

**Developing a collaborative community detox program**

*Lyn MacBeath, MD, FRCPC, ABAM-certified (Interior Health, BC), Charles Marke, B.Med.Sc., MBBS, MRCPsych(UK), MPhil (Interior Health, BC), Jamie Marshall, M.Ed. (Interior Health, BC), Robert Baker, MD, ISAM(cert), CCSAM, Rae Samson, MSW (Interior Health, BC), Sian Lewis, MSW, RSW (Phoenix Centre, Kamloops, BC)*

This presentation reviews the critical ingredients for developing a community detox and stabilization program that integrates addiction medicine and psychiatry services. Our model is based on best practices identified in the UK. We will demonstrate the active partnership and collaboration between key sectors that have been necessary for creating and sustaining this initiative. Presenters represent administration and clinical staff (general practice and psychiatry).

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**4514**

**An environmental scan of Canadian, provincial and territorial primary healthcare initiatives addressing mental health**

*Wayne Jones (Simon Fraser University), Matthew Menear (University of Montreal), Lisa Petermann (Mental Health Commission of Canada), Louise Lapierre (Mental Health Commission of Canada), Elliot Goldner (Simon Fraser University)*

This presentation will describe the findings of an environmental scan that examined initiatives in primary healthcare addressing mental health and substance use in all 13 Canadian provinces and territories. A wide range of initiatives were found to be underway employing various types of interventions and approaches.

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**4517**

**Sanford One Mind: Fully integrating behavioral health services within all Sanford primary and specialty health care settings**

*Read Sulik (Sanford Health), Cyndy Skorick (Sanford Health), Jon Ulven (Sanford Health), Tammy Sulik (Sanford Health), Andrew Larson (Sanford Health)*

Sanford Health is the largest primary rural health care system in the United States covering over 130,000 square miles primarily in South Dakota, North Dakota and Minnesota. **Sanford One Mind** is the strategic initiative of the Sanford Health System to fully integrate behavioral health professionals into patient-centered health care teams in all primary and specialty health care settings. The approach to establishing Sanford One Mind as a health system priority, obtaining stakeholder input from across a large health system, and deployment through 100-day plans will be reviewed.

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**4519**

**Psychosis Treatment Optimization Program: Collaborating with primary care**

*Barbara Korabek (Fraser Health Authority), Lois Dixon (Fraser Health Authority, Mental Health and Substance Use Services), Terry Isomura (Fraser Health Authority, Mental Health and Substance Use Services), Deborah Thompson (Fraser Health Authority, Mental Health and Substance Use Services), Nigel Fisher (Fraser Health Authority, Mental Health and Substance Use Services), Loretta Kane (Fraser Health Authority, Mental Health and Substance Use Services), Mansoor Anwar (Fraser Health Authority, Mental Health and Substance Use Services)*

This workshop will review the background, development and processes involved in establishing and maintaining a community-based Psychosis Treatment Optimization Program. The workshop will include a discussion of risks and benefits and provide examples of “lessons learned” from FH PTO. There will be an opportunity for audience participation and discussion.

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**4520**

**King Street Center: Moving towards integrated care for people with multiple barriers**

*Rae Samson (Interior Health), Tara Mochizuki (Interior Health), Kurt Buller (Interior Health), Shirley Sze (Thompson Region Division of Family Practice), Doug Hamilton, Gail Zowty (Interior Health), Randy Murray (Interior Health)*

This interactive workshop tells the story of King Street Center, an integrated health care clinic that evolved from a mental health center to include inter-agency and multidisciplinary services. The presenters will describe the process and lessons learned in the co-creation of a unique collaborative model highlighting the process of working with physicians, psychiatrists and others. Participants will have the opportunity to reflect on their own experiences, successes and areas for growth in addressing next steps.

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**4523**

**Primary care collaboration in a Family Health Team clinic: Working as a team towards better mental health care**

*Brian Hay (Hamilton Family Health Team)*

This presentation will tell the story of how one primary care clinic transformed its mental health care of patients from an individual provider approach to a collaborative team approach. It will describe the initial phase, the process, the benefits of collaboration, sustainability and results of working together. A process map of mental health services and resource navigation tool will be discussed.

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**4525**

**Reflecting on a collaborative model for reducing emergency department usage for mental health and addiction**

*Sandra Tudge (Saint Elizabeth), Mary Compton (Saint Elizabeth)*

Initial and repeat visits by people with mental health and addiction issues to emergency departments (ED) is a national and international concern. Participants will learn about models of diversion from EDs and their strengths/weaknesses. The presentation will then concentrate on one model where community agencies and a hospital collaborated to support consumers at various access points. Participants will reflect on the model, evaluation and improvement strategies and how these might be used in their communities.

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## **Collaborative care across cultures**

*Bill Mussell, Manager, Salishan Institute Society; Chair of Native Mental Health Association of Canada (NMHAC); Past-Chair, First Nations, Inuit and Métis Advisory Committee (FNIM AC) to the Mental Health Commission of Canada (MHCC)*

This 90-minute interactive workshop will involve participants in a discussion of the essential features of collaborative care across cultures, with particular focus on Aboriginal cultures. It will address the questions of “what does true collaboration across cultures require from us?”, “what is meant by ‘ethical space’, cultural competence’, and ‘cultural safety’?” and the relevance of these concepts to efforts to work across cultures.

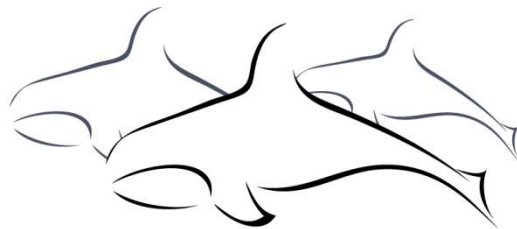
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## **Shared mental health care: Who, what, when, where, why?**

*Graham Meadows, Professor of Adult Psychiatry, Monash University; Director, Southern Synergy (Australia)*

This interactive workshop will provide for a dialogue including Canadian and Australian experiences of developing shared care initiatives. As a group task we will work towards a possible common typology of models for such collaborations which could contribute to the process of service mapping given current cultural and service delivery contexts. We will consider what the enablers of various models might be at individual, interpersonal, local organisational, regional and national levels and what the influence might be of key current policy drivers.

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**Collaboration in Action**  
June 15th to 16th, 2012 - Vancouver, BC