




**Modeling Collaborative Interprofessional Education of
Mental Health in Primary Care**

Leslie Flynn
Psychiatrist, Associate Professor, Associate Dean Postgraduate Medical Education

Bethmarie Michalska
Psychological Associate, Assistant Professor

Han Han
Research Associate, Ph.D.

Linda Beckett
Family Physician, Assistant Professor

Sangeeta Gupta
Occupational Therapist, Clinical Supervisor

10th National Conference on Collaborative Mental Health Care
Hamilton, Ontario
May 29, 2009







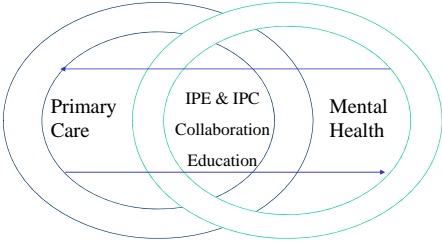

Objectives

- ❖ To introduce interprofessional collaboration within the Shared Care Team and the transformation of mental health practice
- ❖ To describe the collaboration with a family physician within the Collaborative Interprofessional Team (CIT)
- ❖ To introduce CIT's collaboration with Family Medicine residents on interprofessional education









CIT's Dual Collaborative Model



The diagram consists of two overlapping circles. The left circle is labeled 'Primary Care' and the right circle is labeled 'Mental Health'. The overlapping area in the center is labeled 'IPE & IPC Collaboration Education'. There are blue arrows pointing from the Primary Care circle to the intersection and from the intersection to the Mental Health circle.






  **Queen's**
UNIVERSITY

Collaboration within the Mental Health Professionals in HDH


Interpersonal Psychotherapy (IPT) Training, 2001

- ❖ *Integrated group supervision: a group of multiple mental health professionals supervised by an IPT expert through teleconferencing*
- ❖ *Interprofessional team learning: Learned about each other's skill sets and professional roles; developed open communication, trust, and support*






 **From IPT to Shared Care Team**  **Queen's**
UNIVERSITY

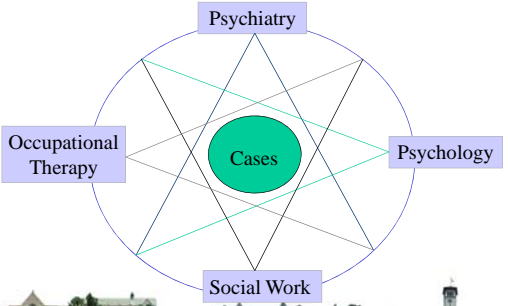

IPT Training

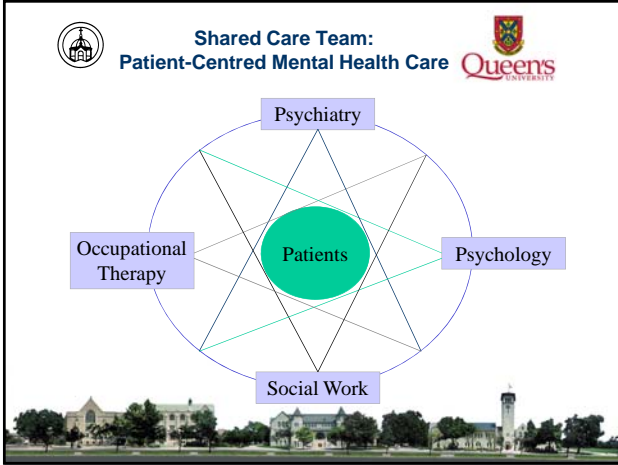


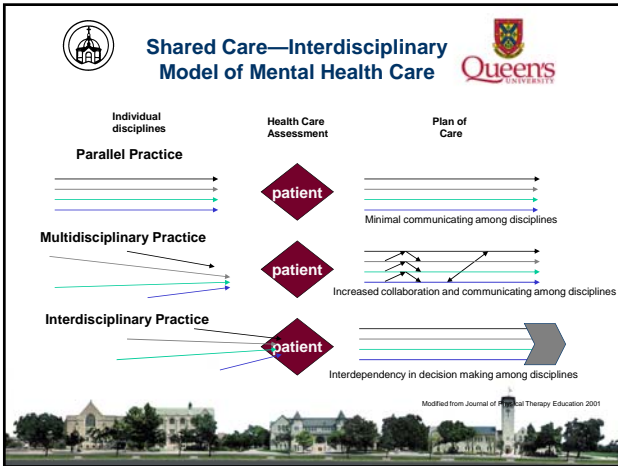
Learning with, from, about



 **Interprofessional Learning**  **Queen's**
UNIVERSITY





Collaboration with Family Medicine

PGY3 Program

In 2003, an innovative educational program was initiated in mental health care for a 3rd year Family Medicine resident, supervised by all members of the team.



Dr. Linda Beckett

  **Queen's**
UNIVERSITY

*Extended Collaboration with Primary Care in
Interprofessional Education and Care*

IPE teaching to healthcare
students, Nov. 2005



CBT workshop to Family
Medicine residents, Oct. 2007






  **Queen's**
UNIVERSITY

*Developing curriculum
for Queen's
Interprofessional
Teaching and Learning
(IPTL) program*



 **CBT Workshop and Interdisciplinary
Learning, January 2009**  **Queen's**
UNIVERSITY






Collaboration with Community Health Care Providers

Focus Group



Explore local needs for interprofessional collaboration in mental health education and care



Work with FHT

Collaboration with Kingston family health teams by providing workshop in team building and collaborative care across professions




Sustainability of CIT's Collaboration with Primary Care


Scholarship

Application
Teaching
Discovery
Integration

Collaboration within Mental Health Team

Collaboration with Primary Care in IPE/IPC



References

Boyer, E. L. (1990). *Scholarship reconsidered*. New York, NY: The Carnegie Foundation for the Advancement of Teaching.

CPA/CFPC Working Group. (April 2003). *Shared mental health care: Strengthening the relationship between mental health and primary care providers*. Retrieved on January 22nd, 2009, from http://www.shared-care.ca/pdf/shared_care_report.pdf

Curran, V., Ungar, T., & Pauze, E. (2006). *Strengthening collaboration through interprofessional education: A resource for collaborative mental health care educators*. Canadian Collaborative Mental Health Initiative (CCMHI). www.ccmhi.ca

Flynn, L., Michalska, B., Rosenzweig, E., Gupta, S., & Gillies, L. (2004). New Approaches to IPT: The Use of Teleconferencing and Supervision of a Multidisciplinary Group. *CPA Bulletin*, 36(3), 16-17.

McVicar, J., Deacon, D., Curran, V., & Cornish, P. (2005). *Interprofessional education initiatives in collaborative mental health care*. CCMHI. www.ccmhi.ca

Kates, N., Ackerman, S., Crustolo, A. M., & Mach, M. (2006). *Collaboration between mental health and primary care services: A planning and implementation toolkit for health care providers and planners*. CCMHI. www.ccmhi.ca





Thank You!