

## **Biographical Details**

### **Dr Gráinne Fadden**



Dr Gráinne Fadden is a Consultant Clinical Psychologist based in Birmingham and Solihull Mental Health Foundation NHS Trust, Honorary Senior Research Fellow at the University of Birmingham and Director of the Meriden Family Programme. The Programme has trained over 3600 people to work with families and been awarded joint-winner of the National Institute for Mental Health in England (NIMHE) 2003 Positive Practice Award for 'Modernising Mental Health Services', winner of the 'Social Care Award' (Midlands and East Region) in 2005 in the Health and Social Care Awards organised by the Department of Health, and winner of the Health Service Journal national award for Mental Health Innovation in 2008. In November 2009, Dr Fadden was awarded the prestigious Marsh Award which is a lifetime achievement award given by Rethink, the UK national mental health charity, for her outstanding contribution to mental health.

Dr Fadden has worked in the area of family work throughout her career; in clinical practice, research, training and more recently in relation to influencing organisational change to incorporate family work routinely into mental health services. She has also written extensively on the effects of mental health problems on families, the ways in which families can be supported, and on the training of mental health professionals to work with families, including books, book chapters and research articles.

Dr Fadden links with the Department of Health on issues relating to families and carers and also works closely with a range of national bodies, including the Royal College of Psychiatrists, regarding these issues. Her international reputation has resulted in her delivering training in Europe and as far afield as Canada and Australia.