

DR. NICK KATES, MD FRCPC MCFP (HON.)



Nick Kates is Chair, Department of Psychiatry and Behavioural Neurosciences, Faculty of Health Sciences, McMaster University. He is also an associate member of the Department of Family Medicine and of the Department of Health, Aging and Society in the Faculty of Social Sciences. His major academic activities are in the area of community and social psychiatry, global mental health, the relationship between mental health and primary care, quality improvement and redesigning systems of care. For five years he was the Ontario lead for the Quality Improvement and Innovation Partnership, which assisted primary care practices to build capacity and capability for quality improvement. For 12 years he was director of the Hamilton HSO (now FHT) Mental Health and Nutrition Program, which won a Significant Achievement Award from the American Psychiatric Association in 1998. Since 1997 he has been the co-chair of the Canadian Psychiatric Association / College of Family Physicians of Canada Collaborative Working Group on Shared Mental Health Care in Canada, and has played many other national and provincial roles in promoting collaboration between mental health and primary care services including chairing the Canadian Collaborative Mental Health Initiative funded through the National Primary Health Care Transition Fund from 2003 to 2007. Dr. Kates is a Distinguished Fellow of the Canadian Psychiatry Association and a Distinguished Fellow of the American Psychiatric Association, and he has been awarded honorary membership in the College of Family Physicians of Canada. He has received several awards for his leadership and he has participated in provincial and national planning committees and initiatives for both mental health services and primary care. Dr. Kates has consulted to more than 100 Canadian and international governments, organizations and programs and has published over 70 articles and authored two books.

DR. KENNETH ROCKWOOD, MD, FRCPC, FRCP

Kenneth Rockwood has had a longstanding interest in frailty, dementia and delirium. Ken has published more than 450 peer-reviewed scientific publications and nine books, including the eighth edition of *Brocklehurst's Textbook of Geriatric Medicine & Gerontology*. He is the Kathryn Allen Weldon Professor of Alzheimer Research at Dalhousie University, and a staff internist and geriatrician at the Halifax Infirmary. He holds grants from Canadian, UK and Chinese research agencies, and is a lead investigator through the Canadian Consortium on Neurodegeneration. A native of Newfoundland, he became a Doctor of Medicine at Memorial University in 1985, completed internal medicine training at the University of Alberta and geriatric medicine at Dalhousie University, where he has been on staff since 1991.



MS. SIMONE SCHMIDT



Simone Schmidt is a songwriter and multidisciplinary artist who has been writing the trials of contemporary society into traditional folk, country and rock form for the past decade, performing under the names Fiver, The Highest Order, and One Hundred Dollars. In April, Schmidt will be releasing an LP called *Audible Songs From Rockwood*, a song cycle based on the case files of the first women incarcerated in the first asylum for the criminally insane in this colony. Schmidt is also a psychiatric patient who has benefited from collaborative care.

DR. L. READ SULIK, MD, FAAP, DFAACAP

Dr. Sulik is a dedicated, compassionate and caring physician and a transformational health care leader committed to the vision, design, development and delivery of the innovations needed to truly improve health for all age individuals, families and communities. As a pediatrician, child and adolescent psychiatrist, and adult psychiatrist, he recognizes the complexities of health and wellness, and how behavioral health needs create significant barriers for individuals to actively engage in their own health care while contributing to poor and costly outcomes in chronic health conditions. He has spent his career designing, developing, and implementing innovations in behavioral health and primary care delivery to change this trajectory.



Dr. Sulik joined PrairieCare as Chief Integration Officer to lead the development and operations of the Integrated Health and Wellness Clinics in primary care and specialty care clinics and employer onsite clinics, providing Enhanced Care Meeting Mental Health and Wellness Needs. He is also the Executive Director of the newly opened PrairieCare Institute for Care Delivery Innovation, Education, Training and Research in Minneapolis. Prior to joining PrairieCare he provided leadership as Enterprise Senior Vice President of Behavioral Health Services at Sanford Health, a health system serving regions of North Dakota, South Dakota and Western Minnesota where Dr. Sulik was the Principal Investigator over a \$12.1 million dollar CMS Health Care Innovation Award to integrate primary and behavioral health care. His experience at Sanford Health as well as previous roles as Assistant Commissioner of the Minnesota Department of Human Services over Chemical and Mental Health Services as well as Medical Director of child and adolescent psychiatry at St. Cloud Hospital/CentraCare Health System in St. Cloud, Minnesota complement his clinical expertise in patient care.

He is a popular and sought-after teacher and speaker, lecturing extensively to diverse audiences on a wide variety of topics including children's mental health, integrating behavioral health and primary care, and on leadership. A recipient of numerous regional and national awards for his work, he has most recently received the AACAP Simon Wile Leadership in Consultation Award and was recognized as one of the Top 100 Most Influential Minnesota Health Care Leaders of 2016. He has consulted widely to hospitals, health systems, care facilities, professional associations, health plans, employers and state government agencies on care delivery models and strategic planning for care delivery transformation. Dr. Sulik obtained his Medical Degree from the University of Minnesota Medical School in Minneapolis, Minnesota and completed the Triple Board Residency in Pediatrics, Psychiatry and Child and Adolescent Psychiatry at the University of Kentucky Medical Center in Lexington, Kentucky. He is a Clinical Associate Professor at the University of Minnesota Medical School in the Department of Psychiatry.

DR. NADIYA SUNDERJI, MD, MPH



Dr. Sunderji is a psychiatrist and a researcher in quality improvement and education in the area of integrated / collaborative mental health care. She is an Associate Scientist at the Li Ka Shing Knowledge Institute, the physician lead for quality improvement in the St. Michael's Hospital Mental Health and Addictions Service and an Assistant Professor and Lead for integrated mental health care education in the Dept. of Psychiatry at the University of Toronto. She has a Master's in Public Health from Johns Hopkins University, is a member

of the Delta Omega Alpha Honour Society, and was recently awarded the Association for Academic Psychiatry's Early Career Development Award.

Dr. Sunderji's research aims to improve the implementation of collaborative mental health care models in primary care settings. Collaborative care models have been widely adopted, yet implementation is highly variable, frequently does not conform to evidence-based practice, and has rarely been evaluated. Furthermore, evaluation frameworks and metrics are lacking. In her funded research, Dr. Sunderji is developing a quality framework and quality measures by which to evaluate and improve collaborative care in primary care. This novel framework sets standards for clinical programs, and promotes data-driven quality improvement (QI) efforts. The framework has attracted interest in Canada and the United States.

Dr. Sunderji also uses her education leadership activities to promote knowledge translation of evidence-based models of collaborative care by supporting practicing healthcare providers and trainees to implement and improve guideline-based, measurement-based, population-based care in their clinical practice settings. Thus, the aforementioned quality framework and measures also identify higher order outcomes at the patient, population, and health system levels that can be incorporated into educational program evaluation.