

## Présentations par affiche Poster Presentations

Les affiches sont exposées de 8am à 5pm jeudi le 27 juin et de 8am à 3h30 pm vendredi le 28 juin.

Posters are available for viewing on Thursday, June 27<sup>th</sup> from 8am until 5pm  
and Friday, June 28<sup>th</sup> from 8am until 3h30 pm.

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### Affiche / Poster #1

**Concomitance de violence conjugale et de troubles mentaux: Les points de vue des professionnels intervenant auprès de conjoints aux comportements violents**

***M. Louis-Francois Dallaire, t.s., M. Serv.Soc., CSSS de la Vieille-Capitale***

Cette communication présente les résultats d'une étude qualitative portant sur la concomitance de violence conjugale et de troubles mentaux chez les conjoints aux comportements violents. Onze professionnels québécois ont effectué une entrevue semi-dirigée afin de partager leurs points de vue sur les défis conceptuels et cliniques liés à cette problématique complexe. Les résultats de l'étude appuient notamment l'importance d'une concertation entre les services d'aide aux conjoints violents et les services en santé mentale.

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### Affiche / Poster #2

**IMPACT Plus: An Integrated Complex Care Clinic For Medical-Psychiatric Co-morbidity in Primary Care**

***Dr. Pauline Pariser, MD CCFP, Taddle Creek Family Health Team***

*Dr. Nadiya Sunderji, MD FRCPC, St Joseph's Health Centre, Toronto*

*Dr Howie Abrams, MD FRCPC*

We describe a novel approach to management of patients with multiple chronic medical and psychiatric conditions: a team model of simultaneous interprofessional treatment planning that brings together patients, caregivers, the primary care team, and, secondary consultants (psychiatrists, general internists) in real-time at the primary care site. The goals of the clinic are to increase patient and provider satisfaction, optimize health care service use, and create opportunities for transfer of skills amongst providers from diverse disciplines.

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### Affiche / Poster #3

**The link between two D's -Vitamin D and Depression**

***Dr. Pallavi Nadkarni, Assistant Professor, Queen's University and Kingston General Hospital, Kingston***

*Dr Gbolahan Odejayi, Year 2 Psychiatry Resident at Queen's University*

This case series highlights the link between vitamin D deficiency and depression. Citing cost issues, the Ministry of Health has discouraged routine vitamin D screening. Clinically the deficiency can manifest as fatigue, poor cognition and somatic pains that can mimic depression and hence evade prompt treatment. Vitamin D deficiency should be suspected in depressed patients with prominent somatic symptoms to avoid unnecessary exposure to mood stabilisers. Collaborative care model is the best approach.

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### Affiche / Poster #4

**Use of depression self-care tools at 3 months in a randomized trial: relation to patient characteristics and telephone support**

***Dr. Jane McCusker, MD DrPH, Department of Epidemiology, Biostatistics, and Occupational Health, McGill University; St. Mary's Research Centre***

*Erin Strumpf, Mark Yaffe, Martin Cole, Kim L Lavoie*

We investigated whether telephone support and/or patient characteristics predict use of depression self-care tools in the context of an ongoing randomized controlled trial (RCT) of telephone support (short weekly calls) among primary care patients aged 40+ with chronic physical illnesses and depression symptoms who receive a depression self-care toolkit. Patient characteristics were assessed at baseline and tool use at 3-month follow-up.

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#### **Affiche / Poster #5**

##### **Child and youth mental health toolkits: A summary of feedback from primary care users of an online child and youth mental health resource**

**Dr. Helen R Spenser, CCFP, MD FRCP, Children's Hospital of Eastern Ontario, University of Ottawa**  
*Paula Cloutier MA Ottawa Ontario; Blair Ritchie MD FRCPC, Calgary Alberta; Peter Kondra MSc MD FRCPC, Hamilton Ontario; Brenda Mills CYW Cert, Hamilton Ontario; Sari Ackerman BA Hamilton Ontario*

The toolkits, an online, user-friendly, evidence-based child and youth mental health resource were designed for primary care clinicians in order to facilitate provision of child and youth mental health care. Updated results regarding toolkit utilization will be presented.

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#### **Affiche / Poster #6**

##### **Santé mentale au Québec et organismes communautaires de femmes: défis de collaboration**

**Mme Isabelle Mimeault, Responsable de la recherche, Réseau québécois d'action pour la santé des femmes**

Davantage de femmes vivant des problèmes de santé mentale multiples et complexes viennent demander de l'aide aux organismes. Les conséquences de cette réalité sur le travail des intervenantes sont nombreuses. C'est ce que révèle une étude réalisée auprès de soixante-quinze organismes communautaires de femmes membres du RQASF. L'exposé des différents défis de collaboration auxquels peuvent être confrontées les intervenantes de ces organismes et des impacts que cela implique dans leur pratique sera suivi d'une discussion.

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#### **Affiche / Poster #7**

##### **Shifting paradigms: A mixed methods inquiry into children, their parents' and their doctors' experiences of a collaborative strategy for stimulant use in children with ADHD**

**Ms. Melanie Renaud, Student CHEO / University of Ottawa**  
*Philippe Robaey, Noah Spector, Jennifer Munroe*

A novel titration process for the prescription of methylphenidate for children with Attention Deficit/Hyperactivity Disorder (ADHD) will be presented. A research design to characterise families' experiences within this new physician-patient collaborative relationship, will then be discussed. This novel titration process and the research results are intended to encourage increasingly collaborative strategies in the complex world of ADHD treatment.

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#### **Affiche / Poster #8**

##### **Using the SF12© Quality of Life Survey to Measure Outcomes for the Changeways Core Program © Delivered at the Edmonton Southside Primary Care Network**

**Mr. Troy Wilson, RSW, BSW, Edmonton Southside Primary Care Network**

*Harry McKim BSc, Adjunct Associate Professor School Public Health U of A and Research/Evaluation Consultant ESPCN*

Poster presentation showing early outcomes of Changeways Core Group for Depression Self Management in Primary Care Collaborative setting. The data indicates improvement in emotional and physical health scores in patients experiencing depression and anxiety.

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#### **Affiche / Poster #9**

##### **Incentives and disincentives for the treatment of depression and anxiety in Ontario Family Health Teams**

**Dr. Rachele Ashcroft PhD. SAMI CIHR Postdoctoral Fellow Social Aetiology of Mental Illness [SAMII] Training Program Centre for Addiction and Mental Health (CAMH)**

This poster presentation introduces a study in progress that examines incentives and disincentives for the treatment of depression and anxiety in Ontario's Family Health Teams. This study examines barriers and facilitators to the treatment of depression and anxiety in the form of incentives and disincentives. Incentives encourage treatment of depression and anxiety; whereas, disincentives deter the treatment of depression and anxiety. Qualitative methods are used to sample physicians in Ontario Family Health Teams.

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#### **Affiche / Poster #10**

##### **A comprehensive shared care mental health program in an urban academic primary teaching clinic**

**Dr. Bernardo Kremer**

*Michael Shulha (MLIS) Dr. Eliane Belanger*

This poster presents a comprehensive shared care mental health program based in an urban academic primary teaching clinic in Montreal Quebec. We describe key elements of our program including the importance of finding psychiatric patients a regular family doctor, when that type of care is most appropriate. We also discuss the importance of co-location for the success of our addiction medicine component, the unique partnerships fostered with schools and community resources in our adolescent mental program. Finally we present the value of role modeling shared care to medical residents.

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#### **Affiche / Poster #11**

##### **Treatment adequacy for depression in primary care patients with multimorbidity: influence of patient- and practice-level characteristics**

**Mr. Matthew Menear, PhD candidate, University of Montreal**

*Arnaud Duhoux, PhD candidate, Pasquale Roberge, PhD, Louise Fournier, PhD*

Little is known about the patient- and practice-level factors that influence the adequacy of treatment provided to primary care patients suffering from depression and comorbid chronic diseases. This study sought to address this topic using data from two inter-related surveys conducted in 61 primary care clinics and with 824 primary care patients in Quebec, Canada. Patient (e.g. patients' comorbidity profile) and practice (e.g. teamwork valued within clinics) characteristics were significantly associated with adequate depression treatment.

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#### **Affiche / Poster #12**

##### **The sustainability and long-term outcomes of knowledge translation projects: A 3-year follow-up of the GAIN Collaborative Network (GAIN-CN) Project**

**Ms. Andra Ragusila, M.Sc. Student, University of Toronto Centre for Addiction and Mental Health**

*Dr. Joanna Henderson, Dr. Paula Goering, Gloria Chaim*

The study explores the impact of collaborative mental health projects in the community. It offers a 3-year follow-up of the GAIN-CN network project which introduced a concurrent disorder screener in 8 interdisciplinary agencies to inform treatment planning processes. It defines sustainability through

continued benefits for client, maintained agency partnerships, project replication and advocacy efforts. It highlights the importance of viewing sustainability on a continuum of program development and program improvement.

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#### **Affiche / Poster #13**

##### **L'exercice du rôle parental chez des personnes aux prises avec des troubles mentaux**

*Pr Marc Boily, Professeur, Université du Québec à Rimouski*

La méconnaissance, par les services impliqués, du phénomène de la parentalité chez les personnes aux prises avec des troubles mentaux a des conséquences importantes pour ces familles et donne lieu à la mise en place de stratégies thérapeutiques inadéquates. Notre communication porte sur l'impact des troubles mentaux sur le rôle parental et les facteurs qui influencent son exercice dont la satisfaction des besoins des enfants dans ces familles. L'affiche abordera le phénomène dont les stratégies d'intervention efficaces.

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#### **Affiche / Poster #14**

##### **Traumatic brain injury and mental health services: an analysis of clinicians' and patients perception of the quality of care in rehabilitation**

*Ms. Yvonne Richard*

*D. Feldman, M.-C. Ouellet, E. de Guise, S. Gagnier, M. Desjardins, F. Ouellet, A. Bourgoïn, F. Banville, B. Swaine*

This research presents the first overview of mental health services for TBI survivors in the province of Quebec, using the perspective of clinicians and persons with TBI. Themes discussed by the clinicians included: training, partnerships and service pathways, case management, tools needed by TBI teams, and ways to address the burden of TBI mental health services and of administrative tasks. Persons with TBI stressed the importance of a good preparation to their return home.

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#### **Affiche / Poster #15**

##### **Recherche évaluative sur la satisfaction des médecins de famille par rapport aux services offerts par le Service de gérontopsychiatrie du Pavillon Albert-Prévost de l'HSCM, dans le cadre du Plan d'Action en Santé Mentale (PASM)**

*Dre Majda Inès Senouci, Médecin Résidente en Psychiatrie, Service de Gérontopsychiatrie du Pavillon Albert-Prévost de l'Hôpital du Sacré-Cœur de Montréal (HSCM)*

*Dre Nathalie Shamlan, Gérontopsychiatre et Chef du Service de gérontopsychiatrie, HSCM et Dre Anne Décary, Phd, Neuropsychologue, Responsable de la recherche au Service de Gérontopsychiatrie de HSCM*

Les patients âgés aux prises avec une problématique de santé mentale constituent une population particulièrement vulnérable nécessitant des soins complexes, multidisciplinaires et s'inscrivant dans une continuité avec la première ligne. Une équipe de chercheurs du PAP de l'HSCM s'est penchée sur la question de la satisfaction des médecins de première ligne par rapport à ce travail de collaboration. Nous vous présentons les résultats d'une recherche évaluative qui vise à optimiser l'offre de service en lien avec la première ligne et en respectant l'organisation des soins de santé mentale préconisée par le PASM.