

# CHILD & YOUTH MENTAL HEALTH GENERAL SCREENING QUESTIONNAIRE: SCORING GUIDE

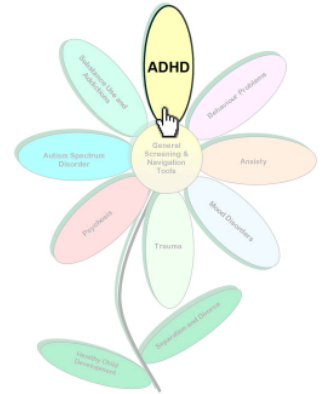
This questionnaire is a quick screen for some common mental health problems seen in children and youth; it is neither a comprehensive assessment nor a diagnostic tool. Further assessment is necessary to establish a diagnosis, investigate etiology, and consider the best available treatment options.

Each section of the questionnaire corresponds to a specific mental health issue, e.g., ADHD, conduct disorder, etc. Additional information about screening, assessment, management, etc. is available in the toolkit indicated for that section.

1. <b>ADHD</b>	never	some-times	often
easily distracted, have trouble sticking to activities	0	1	2
fail to finish things you start	0	1	2
have difficulty following directions or instructions	0	1	2
impulsive, act without stopping to think	0	1	2
jump from one activity to another	0	1	2
fidget	0	1	2
<b>Total</b>	<b>1.</b>	<b>10</b>	
2. <b>ODD</b>	never	some-times	often
cranky	0	1	2
defiant, talk back to adults	0	1	2
blame others for your own mistakes	0	1	2
easily annoyed by others	0	1	2
argue a lot with adults	0	1	2
angry and resentful	0	1	2
<b>Total</b>	<b>2.</b>	<b>9</b>	
3. <b>CONDUCT DISORDER</b>	never	some-times	often
steal things at home	0	1	2
destroy things belonging to others	0	1	2
damage school or other property	0	1	2
broken into someone else's house, building or car	0	1	2
physically attack people	0	1	2
use weapons when fighting	0	1	2
<b>Total</b>	<b>3.</b>	<b>3</b>	

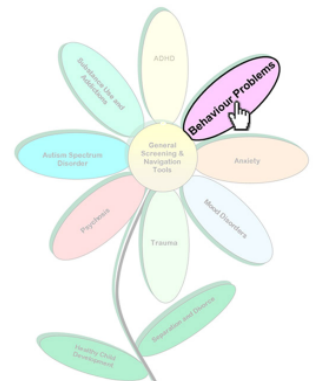
## SECTION 1:

The questions in this section relate to regulation of attention, impulsivity and activity. A score above 7 is considered elevated relative to normed values for 6- to 18-year-olds. For screening tools and additional information about ADHD, see the [ADHD toolkit](#).



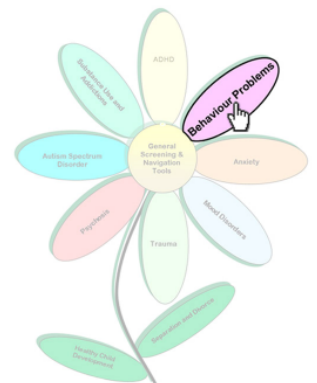
## SECTION 2:

The questions in this section relate to oppositional / co-operative behaviour in relationships. A score above 7 is considered elevated relative to normed values for 6- to 18-year-olds. For screening tools and additional information about Oppositional Defiant Disorder (ODD), see the [Behaviour Problems toolkit](#).



## SECTION 3:

The questions in this section relate to conduct problems. A score above 0 is considered elevated relative to normed values for 6- to 18-year-olds. For screening tools and additional information about Conduct Disorder (CD), see the [Behaviour Problems toolkit](#).



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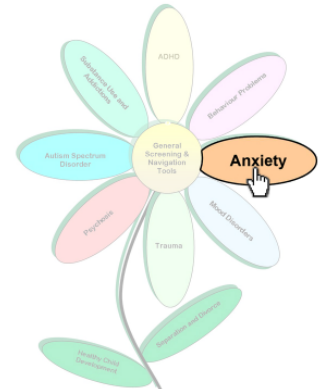
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4. SEPARATION ANXIETY	never	sometimes	often
worry something bad will happen to people you are close to	0	1	2
worry about being separated from those you are close to	0	1	2
scared to go to sleep without parents nearby	0	1	2
overly upset when leaving someone you are close to	0	1	2
overly upset while away from someone you are close to	0	1	2
feel sick before being separated from those you are close to	0	1	2
<b>Total</b>	<b>4.</b>	<b>8</b>	
5. GENERALIZED ANXIETY	never	sometimes	often
worry about doing better at things	0	1	2
worry about past behaviour	0	1	2
worry about doing the wrong thing	0	1	2
worry about things in the future	0	1	2
afraid of making mistakes	0	1	2
overly anxious to please people	0	1	2
<b>Total</b>	<b>5.</b>	<b>7</b>	
6. MOOD DISORDERS	never	sometimes	often
no interest in your usual activities	0	1	2
get no pleasure from your usual activities	0	1	2
trouble enjoying yourself	0	1	2
not as happy as other children	0	1	2
feel hopeless	0	1	2
unhappy, sad, or depressed	0	1	2
<b>Total</b>	<b>6.</b>	<b>6</b>	

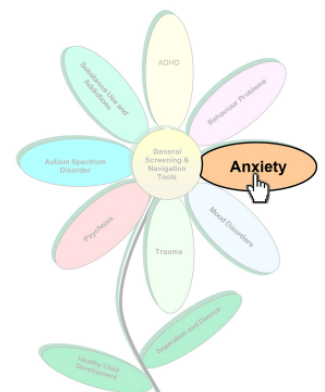
## SECTION 4:

The questions in this section relate to separation anxiety. A score above 6 is considered elevated relative to normed values for 6- to 18-year-olds. For screening tools and additional information about separation anxiety, see the [Anxiety Disorders toolkit](#).



## SECTION 5:

The questions in this section relate to managing anxiety. A score above 6 is considered elevated relative to normed values for 6- to 18-year-olds. For screening tools and additional information about Generalized Anxiety Disorder, see the [Anxiety Disorders toolkit](#).



## SECTION 6:

The questions in this section relate to managing mood. A score above 5 is considered elevated relative to normed values for 6- to 18-year-olds. For screening tools and additional information about mood disorders, see the [Mood Disorders toolkit](#).

