

Teen Functional Assessment (TeFA)

The TeFA is a self-report tool. It is meant to be completed by the patient and should take no more than three minutes to complete for most adolescents. The health care provider can use the information obtained on the TeFA to probe for further information – especially in those areas where the young person noted worse or much worse than usual and in those domains that the teen identifies as either self or parental worry.

This form is meant to let your health provider know about how you are doing. All information you give is confidential. Please write your answers to the items on the form.

For each of the following categories, write down one of the following options in the space provided – much better than usual; better than usual; about the same as usual; worse than usual; much worse than usual.

Over the last week how have things been at:

School _____

Home _____

Work _____

Friends _____

Write down the two things in your life that either worry you the most or are causing you the most problems.

1) _____

2) _____

Write down the two things about you that cause your parents or other adults to be concerned about or that you think might concern them if they knew about these things.

1) _____

2) _____