

# **The Mental Health Strategy for England**

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# Introduction

- **The scale**
- **The system**
- **The policy context**
- **The history**
- **The new mental health strategy**
- **Key mechanisms**
- **Implementation**

# The Scale

- **1 in 4 people**
- **Cost to English economy £77 billion pa.**
- **More likely £105 billion pa.**
- **A million people on IB**
- **A third of GP consultations**
- **Largest proportion of disease burden**
- **Premature mortality**

# The System



- **Health devolved to different countries:**
  - **England c 52m**
  - **Scotland c 5m**
  - **Wales c 3m**
  - **Northern Ireland c 2m**
- **NHS:**
  - **free at the point of delivery**
  - **comprehensive**
  - **primary care coverage**

# The NHS (England)



- **Many iterations**
- **Department of Health**
  - **policy**
  - **direction**
  - **performance**
- **Strategic Health Authorities**
- **Primary Care Trusts**
  - **commissioning primary and secondary care**
  - **provision – community services**
- **GP practices**
- **Provider Trusts**

# Policy Context



- **Department of Health**
  - **broad policy and strategy**
- **NHS Commissioning Board**
  - **oversight and authorisation**
  - **specialised commissioning and primary care**
- **Clinical Commissioning Groups**
  - **GPs and primary care key**
  - **commissioning of secondary care services**
- **Providers**
  - **trusts**
  - **others**





# Policy Context



- **Patients at the centre – shared decision-making, choice and information**
- **Focus on outcomes – quality at the heart of the healthcare**
- **Devolution – clarity about the “what” more than the “how”**

# The History

- **The National Service Framework – 1999**
- **The NHS Plan – 2000**
- **New Horizons – 2009**
  - **All adults**
  - **Dual approach**
- **The General Election – May 2010**
- **The new Mental Health Strategy**

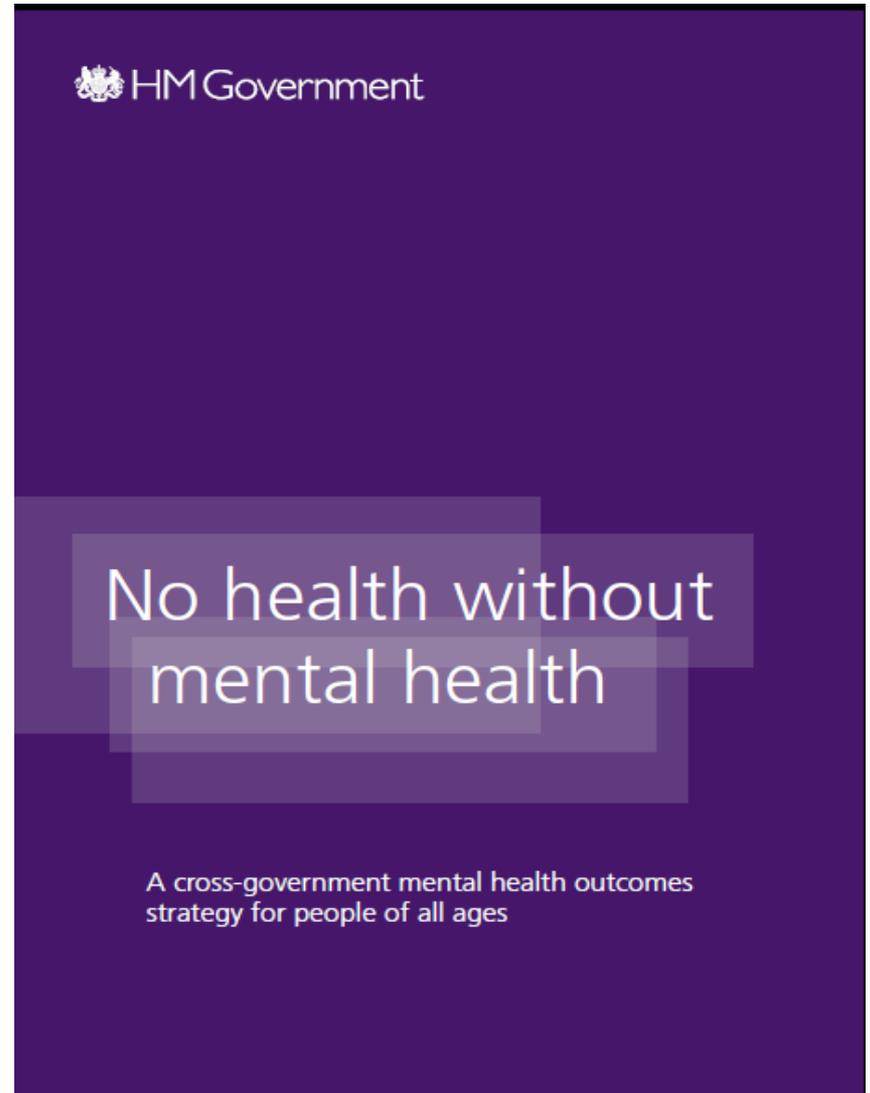
# Mental Health Strategy



**A strategy to transform the mental health and well-being of the nation**

**An ambition to mainstream mental health and achieve 'parity of esteem' with physical health**

**The aim for mental health to be 'everyone's business' – all of Government, employers, education, third sector**



# Mental Health Strategy - Themes

- **Services and public mental health**
- **Outcomes and quality**
- **A life-course approach**
- **Early intervention**
- **Patient choice and control (personalisation)**
- **Reducing inequality and tackling stigma**
- **Improving efficiency (QIPP) in the context of a challenging financial climate**

# Mental Health Strategy



# A Call to Action

No health without  
mental health:

A cross-Government  
mental health outcomes  
strategy for people of all ages

## A Call to Action



# **Key Mechanisms**

## **Commissioning**

- **The NHS Commissioning Board**
- **Clinical Commissioning Groups**
- **Local Authorities**

## **Public Health England**

## **Health and Wellbeing Boards**

# Key Mechanisms



**Monitor**

**The Care Quality Commission**

**NICE**

**Payment by Results**

**QIPP**

# Implementation

- **Embedded in reforms**
- **Social movement**
- **The NHS Commissioning Board**
  - **Position mental health**
  - **Managed Networks**
- **The Joint Commissioning Panel**
  - **RCPsych and RCGP**
- **Coherent narrative - framework**

# Implementation Framework for *No Health Without Mental Health*



- Provide clarity on how the six objectives of *No Health Without Mental Health* translate into national measures of outcomes (the ‘dashboard’)
- Series of commitments and recommendations to national and local bodies about how implementation can be best taken forward

# Implementation Framework



- **New context, new approach**
  - **Localism, devolved responsibility**
- **Co-production**
- **Refining the framework in discussion with stakeholders**  
**March/April/May 2012**
- **Publication**  
**Planned for June 2012**

# Where to find all documents

- **Strategy and companion document – “Delivering better mental health outcomes for people of all ages” available at :**
- **[www.dh.gov.uk/mentalhealthstrategy](http://www.dh.gov.uk/mentalhealthstrategy)**
- **Also, “Talking Therapies: a four-year plan of action” and:**
- **Impact Assessment and Analysis of Impact on Equality**