



UNIVERSITY
OF MANITOBA

Using Web Technologies to Strengthen Mental Health Services in Primary Care

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Minds Research Group



CIHR IRSC
Canadian Institutes of Health Research / Instituts de recherche
en santé du Canada



MOBILIZING MINDS
pathways to young adult mental health

Other members of the Mobilizing Minds Research Team (Selected)

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Funding Organizations

- Canadian Institute of Health Research
- Mental Health Commission of Canada



Focus of the Team

- Knowledge translation concerning common mental health problems focused on young adults
- Knowledge translation: Getting the right information in the right format to the right people at the right time to inform decisions.



About me.



About you.




Why consider web-based technologies
in primary care?




- Questions:

- Do you make any use of web technologies in your work? What resources do you use?




How could might web technologies be used to strengthen mental health services in primary care?



How could might web technologies be used to strengthen mental health services in primary care?

- 1) screening for mental health problems
- 2) providing information concerning treatment options and benefits to patients
- 3) providing information concerning treatment options to health professionals
- 4) providing information to patients concerning self-administered treatments.
- 5) delivery of Web-based treatments



How could might web technologies be used to strengthen mental health services in primary care?

- 6) providing extra resources for traditional interventions
- 7) monitoring progress
- 8)
- 9)

Use of internet for health information



Canadian Internet Use Survey (Released May 10, 2010)

	2007	2009
Used internet for personal reasons	73%	80%
Communities of 10,000 +	76%	83%
Communities of less than 10,000	65%	73%
Ages 16 to 24	96%	98%
Ages 45 and older	56%	66%

Canadian Internet Use Survey (2)

Among those who used Internet at home	2007	2009
Use Internet every day	68%	75%
Have high speed connection	88%	92%
Searched for health information	59%	70%



What are the most popular search methods?

Consulting Dr. Google

Welcome to WrongDiagnosis.com

Our disease and symptom research center contains
Information on over 3,000 different medical conditions
with more being added all the time.

Research Your Symptoms


Search for a symptom
A – Z listing of symptoms
Search for multiple symptoms

Join Our Forums

I cannot get a diagnosis
Tell us your medical story
What is the best treatment?

Research Diseases & Conditions

Search for a disease or condition
A – Z listing of diseases
Silent killer diseases



Discussion / Questions